

# MIPS related results on motorcycle helmets



Peter Halldin<sup>1,2</sup>

[Peterh@kth.se](mailto:Peterh@kth.se)

<sup>1</sup> Division of Neuronic Engineering  
Royal Institute of Technology (KTH)  
Stockholm, Sweden

<sup>2</sup> MIPS AB, Stockholm Sweden

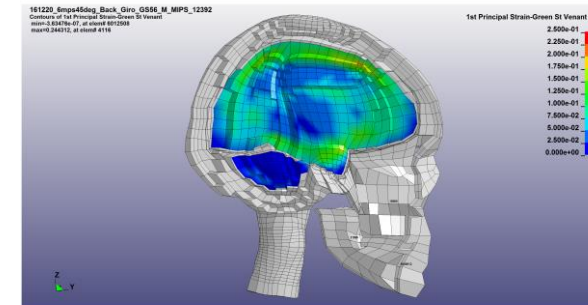
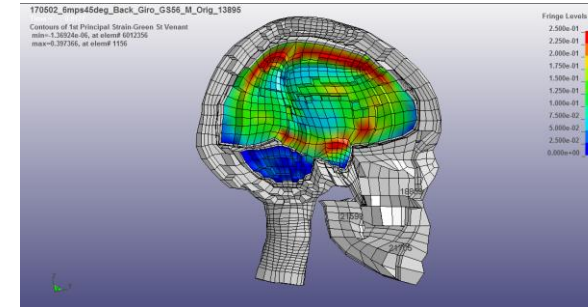


KTH Teknik och hälsa



# OUTLINE

- Intro KTH
- MIPS BPS and other systems
- Reconstruction of MX accident
- Oblique helmet test methods
- MIPS Approval test method
- Example of results
- Summary



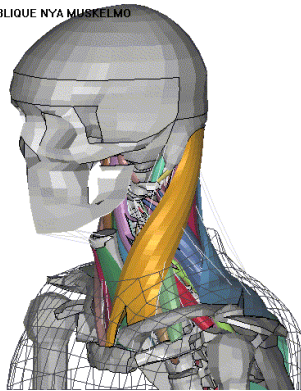
# THE TEAM AT KTH & KAROLINSKA

## Peter Halldin

Assistant Professor,  
CTO MIPS



14 ELASTIC EWING OBLIQUE NYA MUSKELMO  
Time = 0



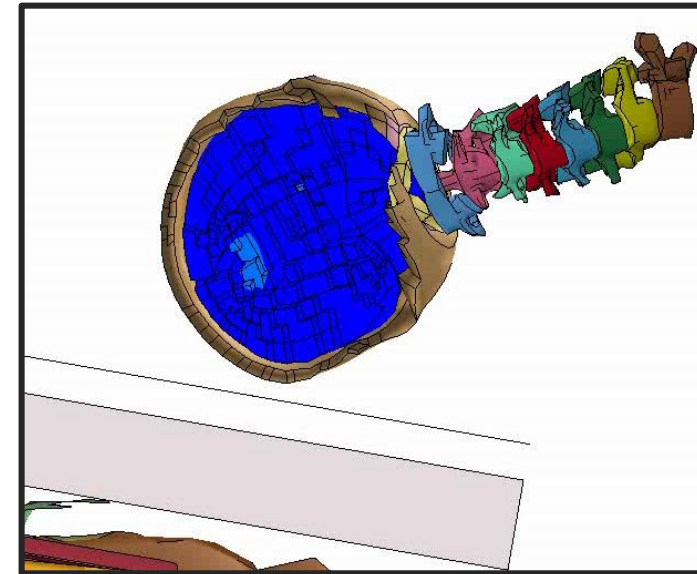
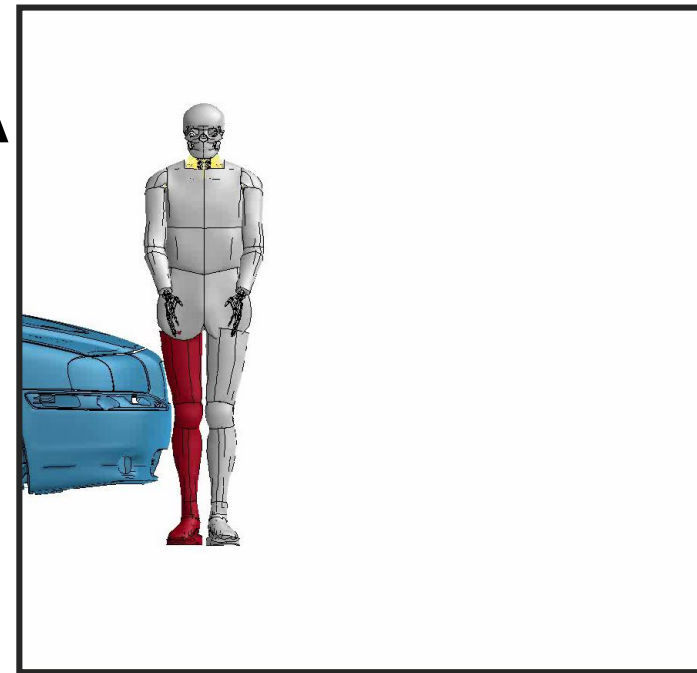
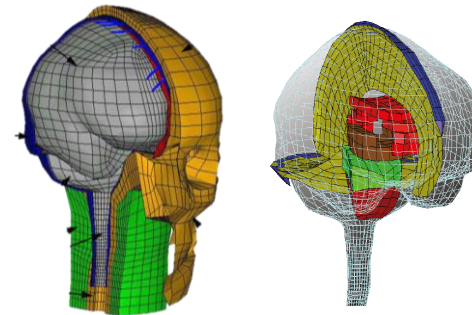
## Hans von Holst

Professor at the  
Karolinska Hospital



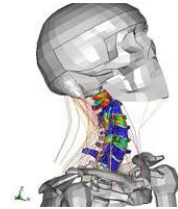
## Svein Kleiven

Professor, KTH





# THE DIVISION OF NEURONIC ENGINEERING



Neurotrauma + Mechanical Engineering



Svein Kleiven



Hans von Holst



Peter Halldin



Tobias Nyberg



Johnson Ho



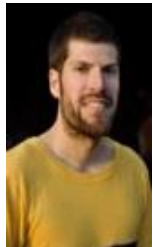
Mats Nilsson



Xiaogai Li



Madelen Fahlstedt



Victor Alvarez



Chiara Giordano



Annaclaudia Montanino



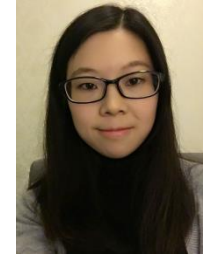
Zhou Zhou



Shiyang Meng



Pooya Sahandifar



Xia Qingling



Reza Mohammadi

## Academic Partners

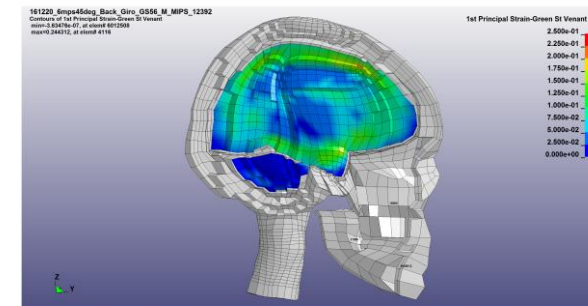
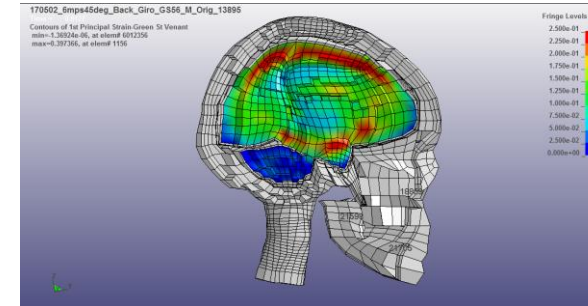


• Prevention & Treatment



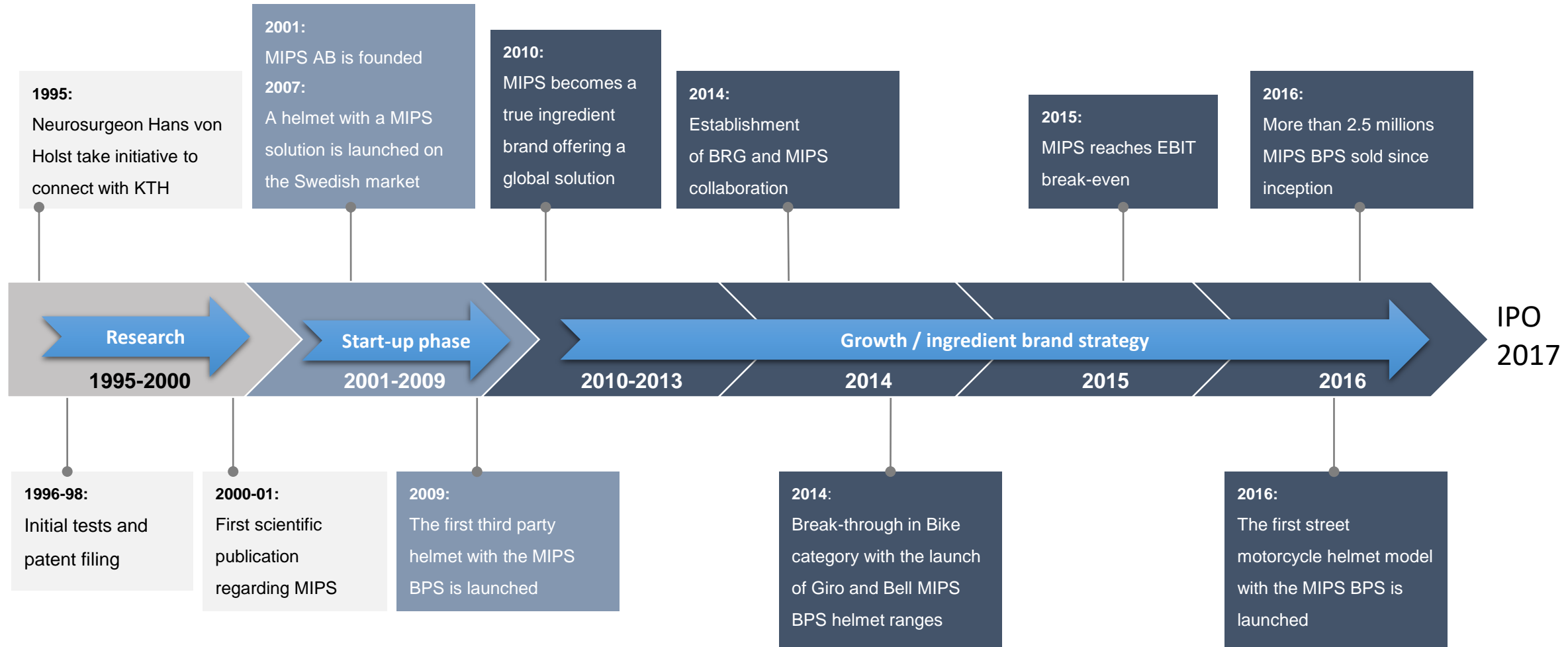
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# MIPS HISTORY

- from research to consumer product reducing risks of injury



# Rotational Helmet Concepts

- Phillips helmet (IP 1994), Launched 2009
- MIPS (IP 1998), Launched 2007
- 6D – MX helmet (2013)
- Leatt – MX helmet (2015)



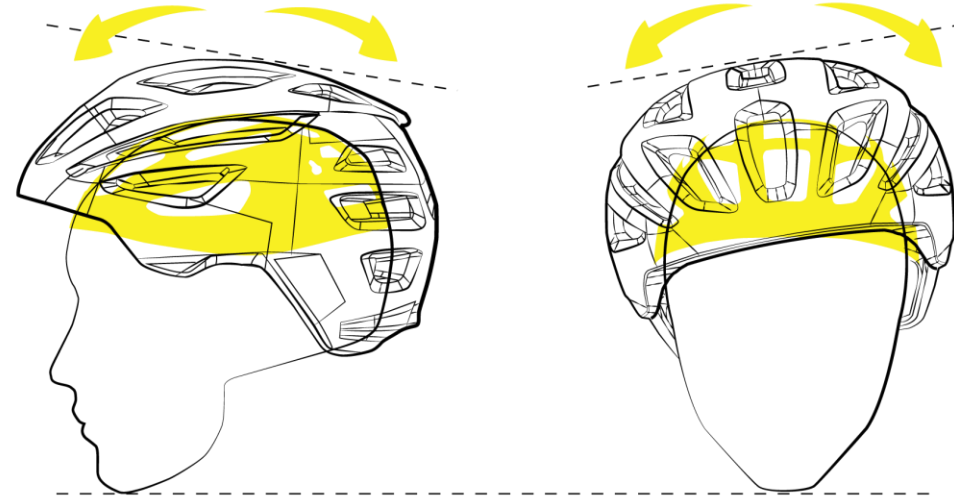
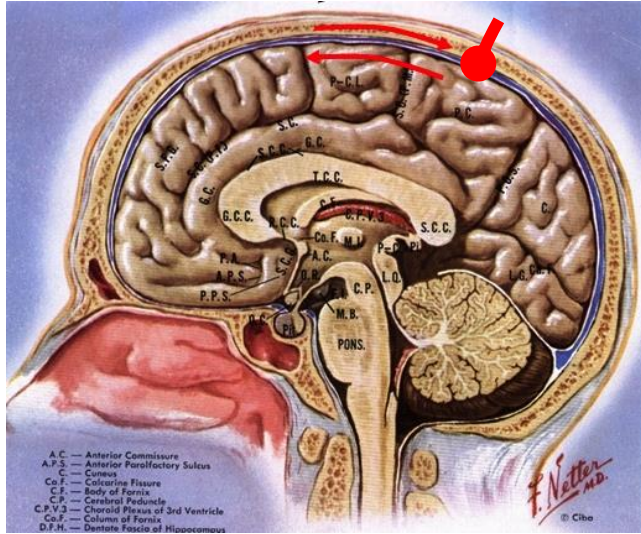


# MIPS IS MIMICKING THE EVOLUTION

## - Multi-directional Impact Protection System

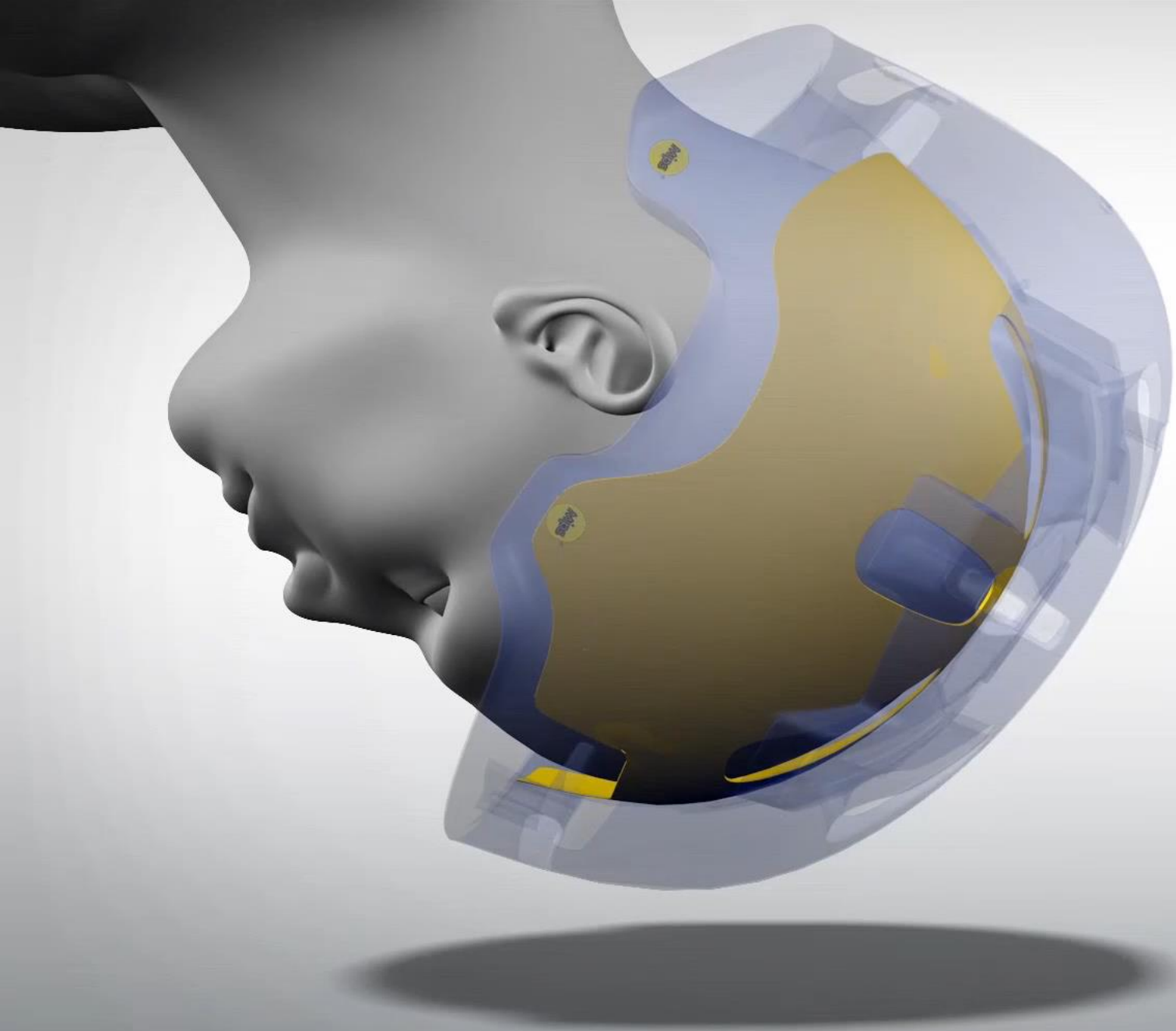


The cerebrospinal fluid surrounding the brain can absorb and redirect some the energy from angled impacts.



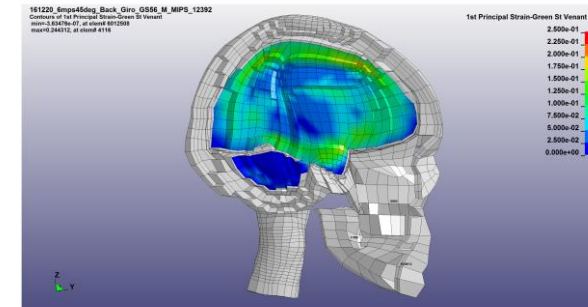
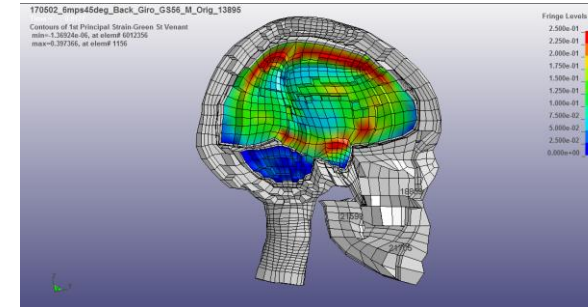
MIPS mimics the brains own protection system





# OUTLINE

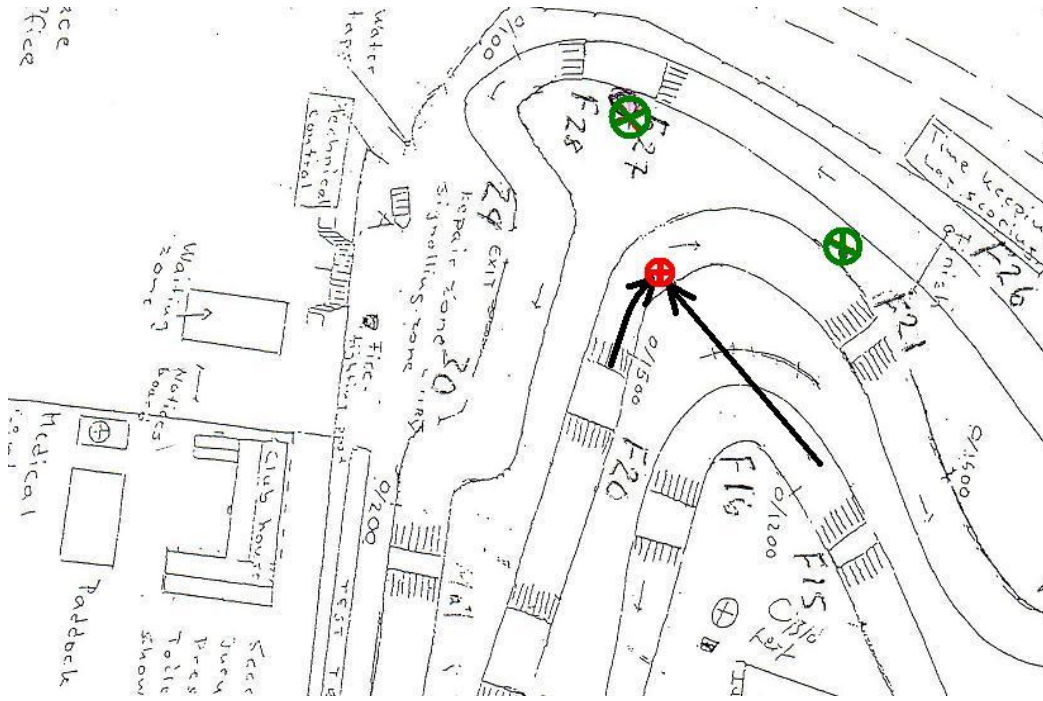
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# DETAILED RECONSTRUCTION OF MX ACCIDENT

BY PROFESSOR SVEIN KLEIVEN, 2007

# ACCIDENT SCENARIO



- The velocity was about 50km/h for both riders.
- The impact was almost perpendicular.
- Two cameras documented the accident.



# RECONSTRUCTION SET UP

Based on the helmet and video from the accident we made a reconstruction of the accident by using our unique FE model.

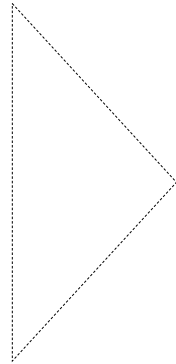
## The helmet with impact points



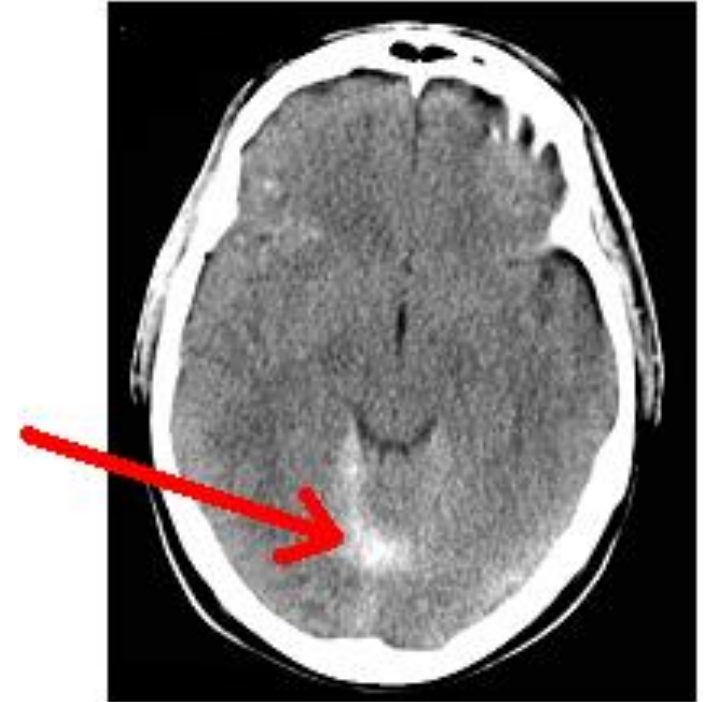
## FE model of the impact



# CT IMAGES FROM AKADEMISKA SJUKHUSET, UPPSALA



Hematoma in frontal lobe



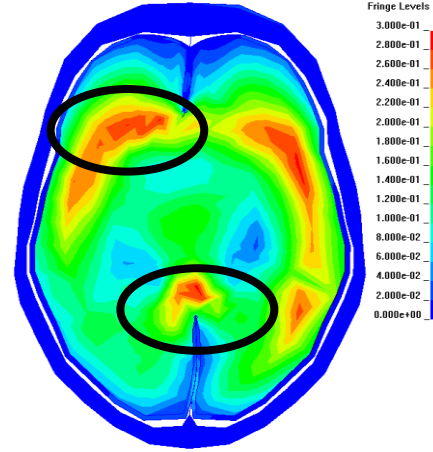
Hematoma along the tentorium

# STRAIN PATTERN IN THE BRAIN

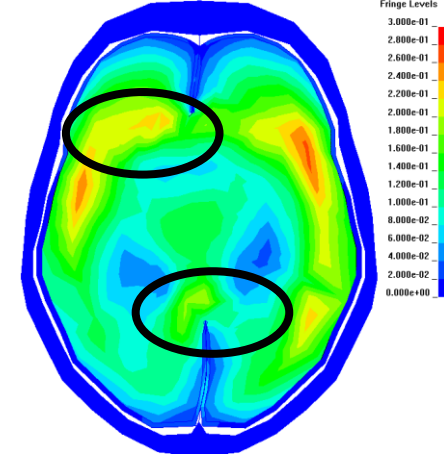
Hematoma in the frontal lobe



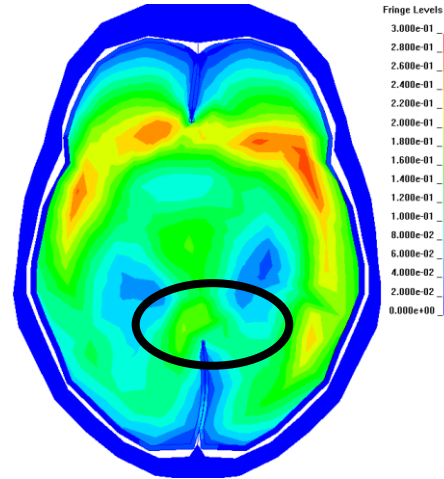
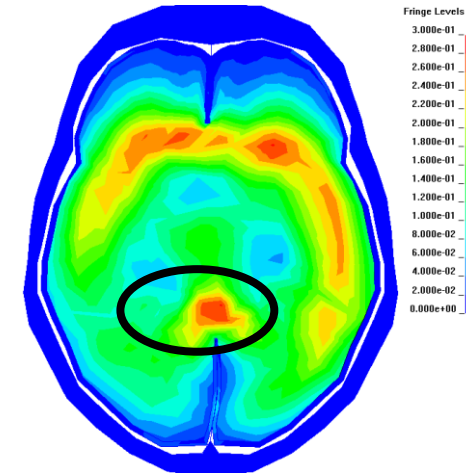
Regular helmet design



MIPS helmet design

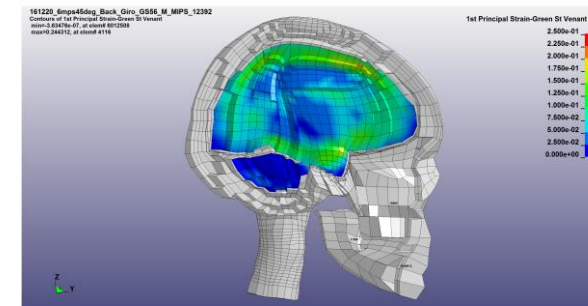
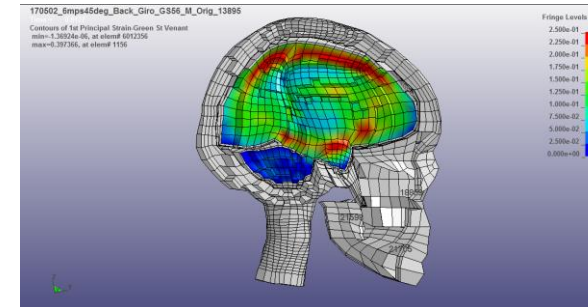


Hematoma in the rear part of the brain



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# THE DIRECTION OF IMPACT BASED ON INJURY STATISTICS & ACCIDENTS REPORTS

## Bike

- Verschueren 2009, Bourdet et al. 2012
- 6,5m/s. **45 degree**, road.

## Equestrian

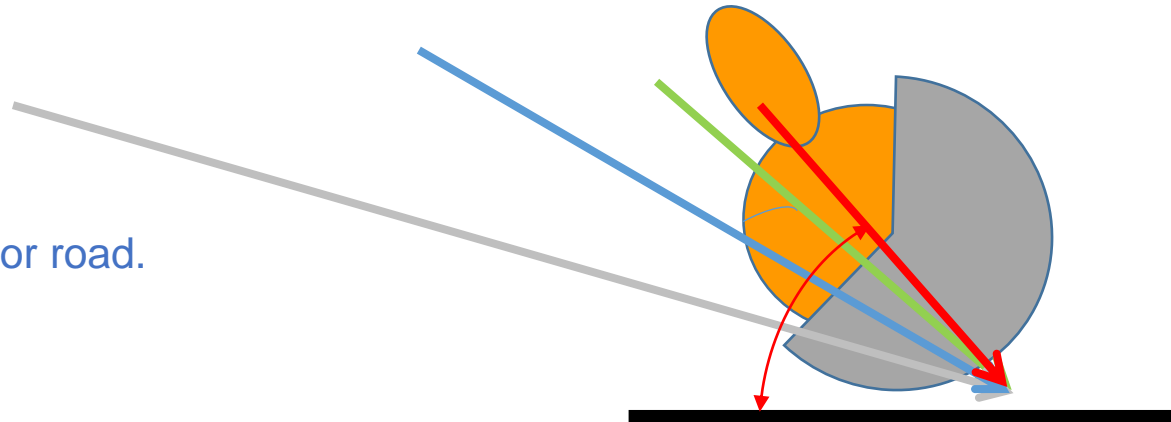
- Mellor and Chinn 2006
- 9m/s **37 degree**, hard grass.

## Motorcycle:

- Otte et al. 1999 (Cost 327)
- 12m/s, < **30 degree**, side of a car or road.

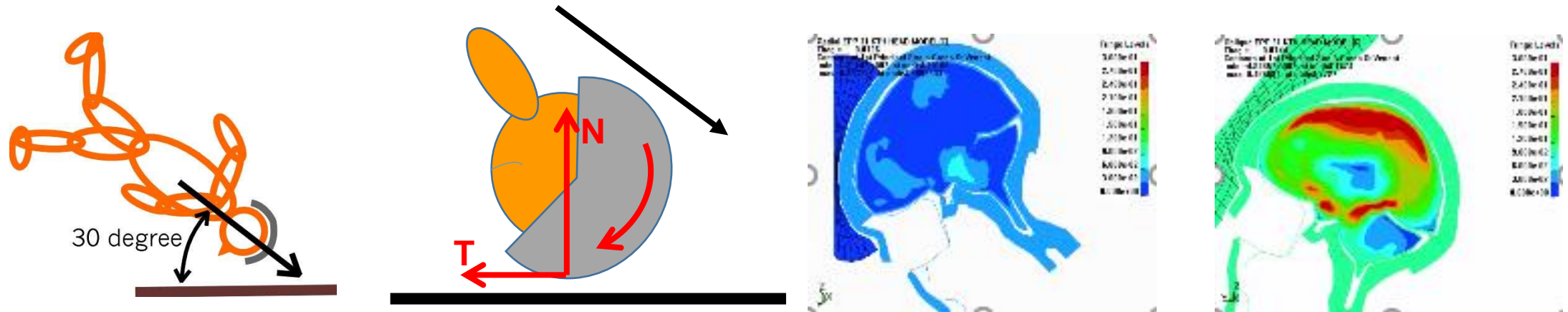
## Snow

- DH and Super-G
- Ongoing *FIS study*
- 19m/s, **21 degree**, hard snow.



# THE DIRECTION OF IMPACT

- Oblique impacts are common in most sports (Otte et al. 1999, Verschueren 2009, Mellor and Chinn 2006)
- Oblique impacts could lead to a tangential force, depending on the Normal force and the coefficient of friction.
- Tangential force -> rotation
- The brain is more sensitive to rotation than pure translational motion. (Holbourn 1943, Genarelli 1983, Marguiles and Tibault 1992, Fijalkowski et al. 2007, Kleiven 2007)



# Oblique test methods development

- 20 years of experience in oblique testing of helmets.

(Peter H. Halldin, Adam Gilchrist and Nigel J. Mills. *Rotational protection in motorcycle helmets*. International Journal for C

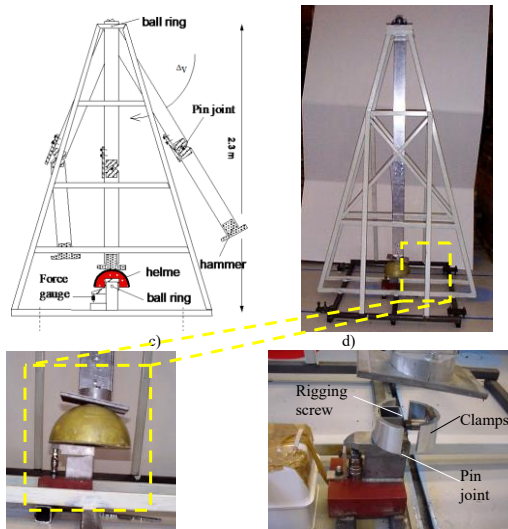


1996

2000

2004-2014

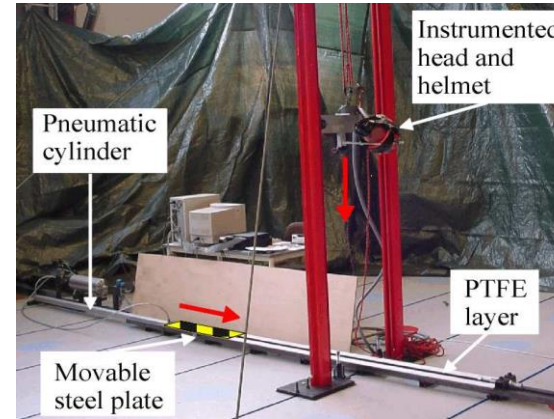
2015 -



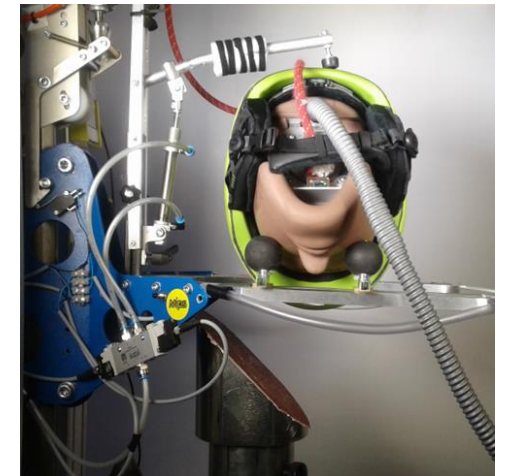
KTH



Birmingham



KTH

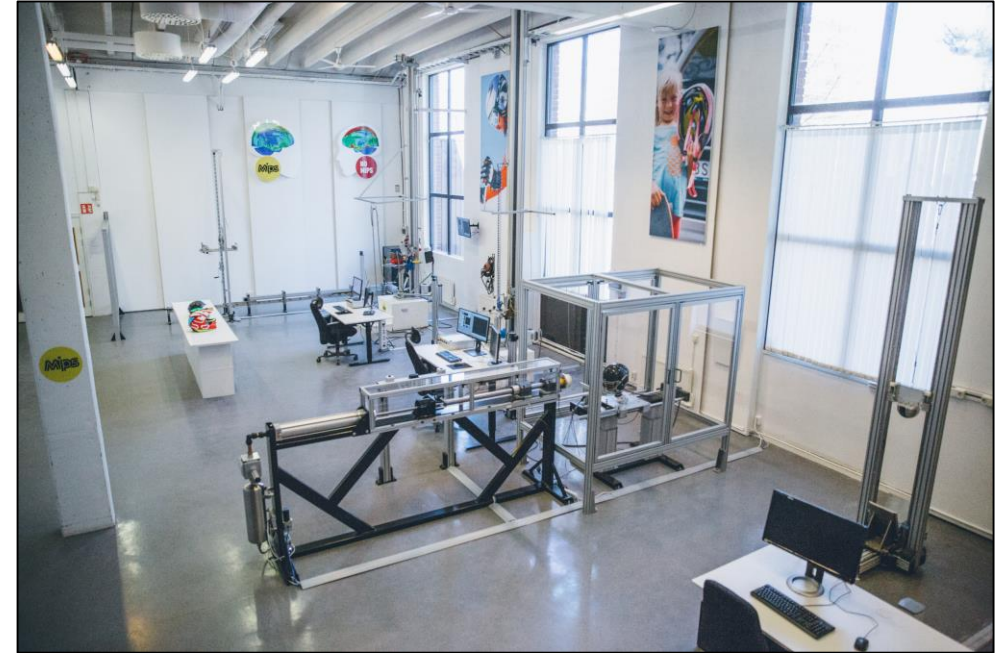
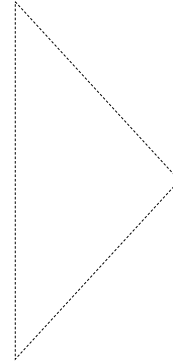


KTH and MIPS

# MIPS TEST LAB



MIPS TEST LAB AT KTH 2001

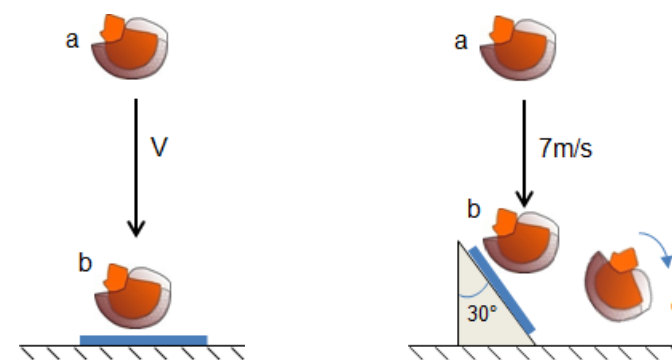
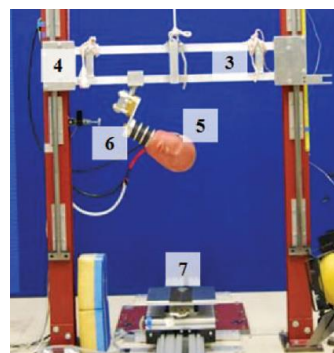
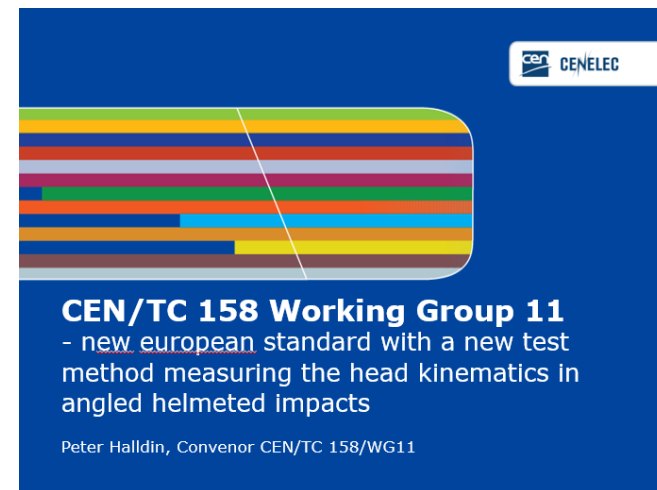


MIPS TEST GLOBAL TEST LAG 2017



# ONGOING WORK TOWARDS A NEW SPORT AND MOTOROCYCLE HELMET TEST METHOD

- Bike, Ski and EQ: **CEN TC158** (EU) New rotational test method.
- Motorcycle: **FIM** (Federation Internationale de Motorcyclisme)
- Bike: **Virginia Tech** (New rating methods including tangential impacts)
- (Motorcycle: **Australia**: New rating method for Motorcycle helmets)
- (Football: **NOCSAE** (DOC (ND)002-16))



# Neck / no neck

Reference	Method	Test method	Difference/Correlation of rotational components
COST 327	Experimental study	HIII dummy v.s. HII head form	17%
Beusenberger et al 2001	Simulation of helmeted football impacts	MADYMO (1997)	Bad
Verschueren 2006	Reconstruction of Bike accidents	MADYMO HBM (2005)	Good to bad
Forero 2009	Reconstruction of Equestrian accidents	MADYMO HBM (2005)	Good to bad
Ghajari et al. 2012	FE simulation of MC accident	Human FE model (THUMS)	20%
Halldin (ongoing)	FE simulation of MC and Bike helmet impacts	Human FE model (THUMS and HIII)	Good to bad

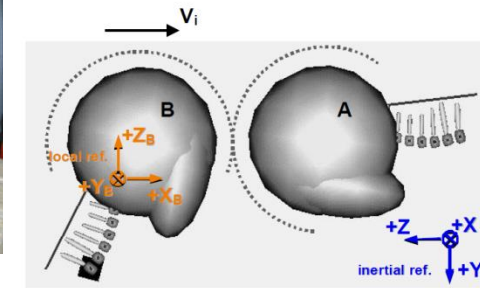
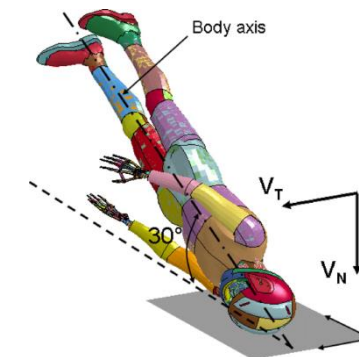
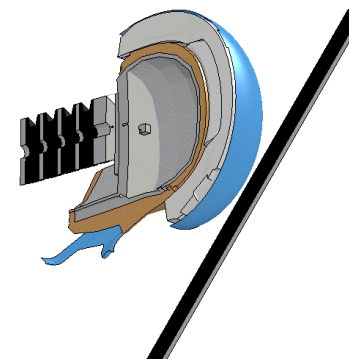
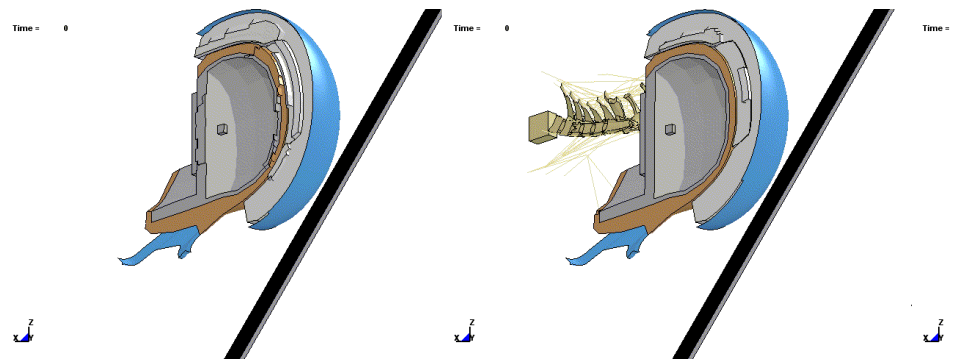
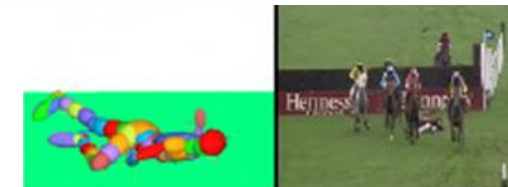
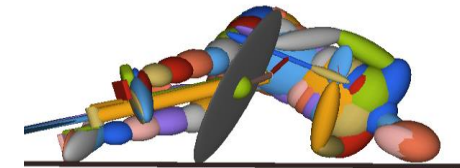
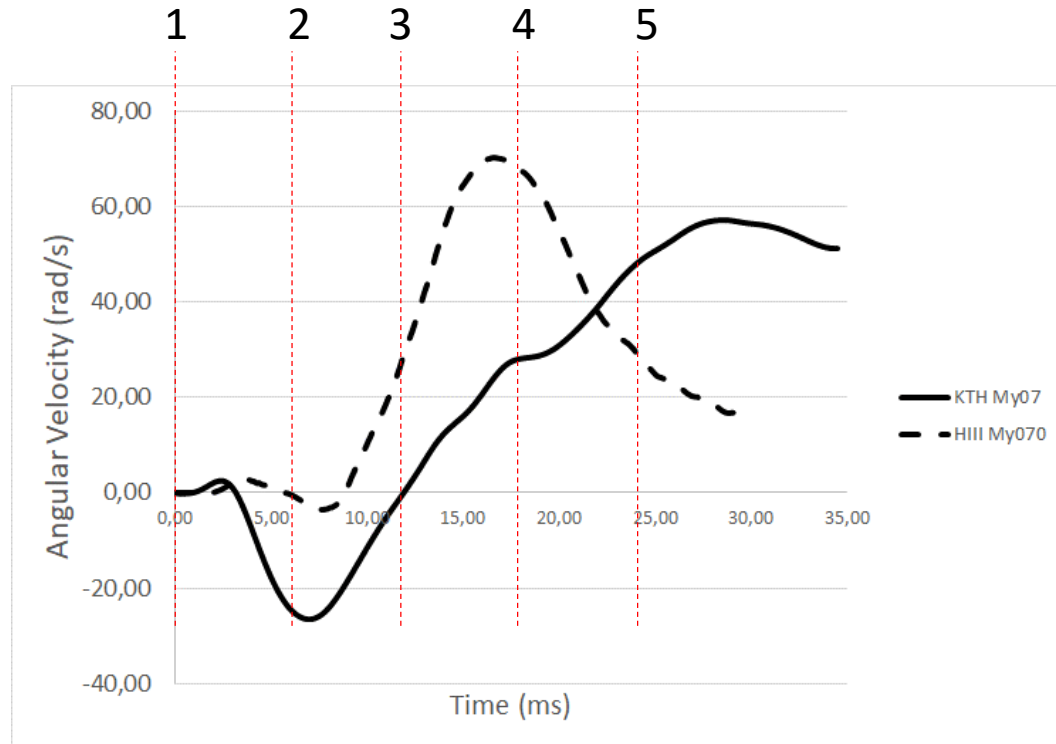


Figure 5: Basic model set-up

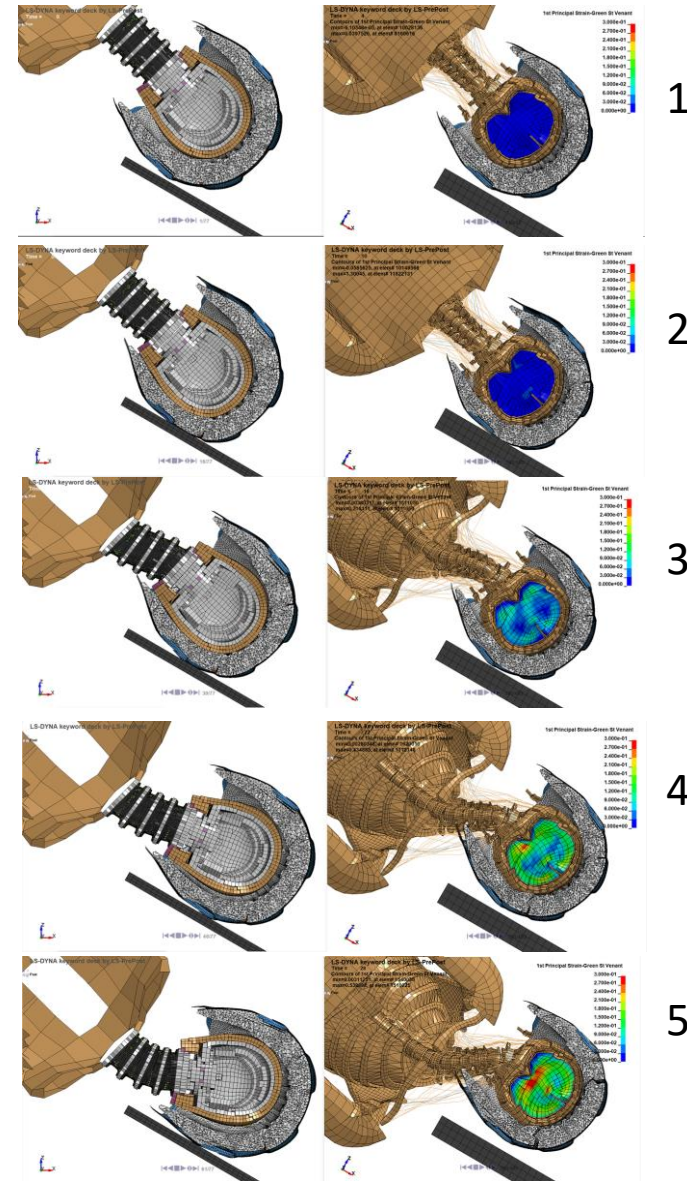
Result : K:\Accidents\_Peter\_Verschueren\47\_3kmpenur\_w\thoofd\_0.6\47\_3kmpenur\_w\thoofd\_0.5.kn3  
Loadcase 1 : Time = 1.196000  
Frame 240



# Human neck v.s. HIII neck

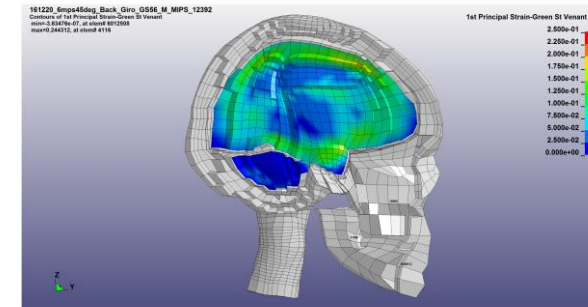
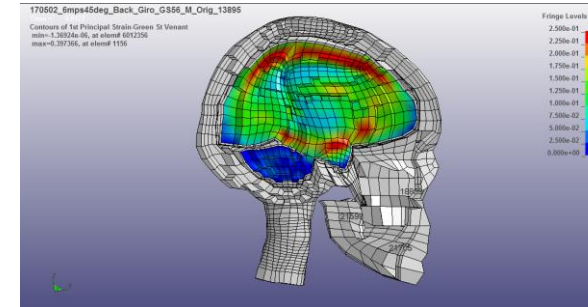


The HIII miss the rotation



# OUTLINE

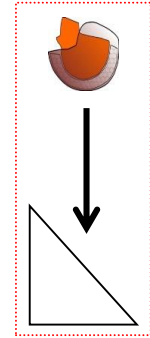
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# MIPS Approval Test Method

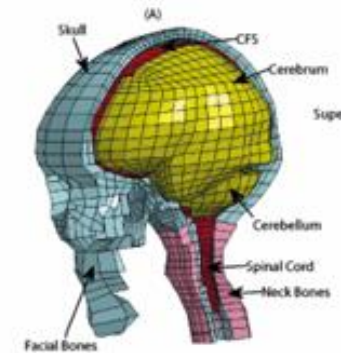
<b>Set-up:</b>	A helmet with and without the system installed was compared.
<b>Impact speed:</b>	Bike and Ski: 6m/s, MX: 7.5m/s
<b>Impact angle:</b>	45degrees
<b>Impact surface:</b>	Grinding paper quality 40
<b>Impact directions:</b>	X-Rot, Y-Rot and Z-Rot
<b>Pass/Fail:</b>	Reduction of strain > 10%



X-Rot

Y-Rot

Z-Rot

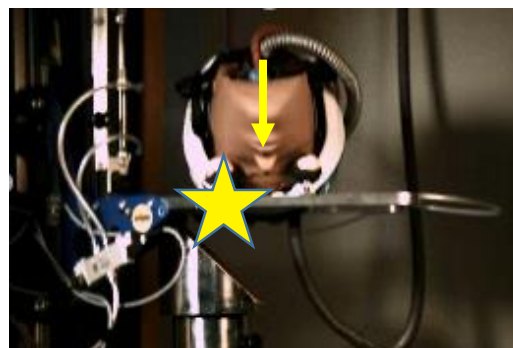


# WHY WE MEASURE BOTH THE FORCE (ACCELERATION) AND THE ENERGY (VELOCITY)



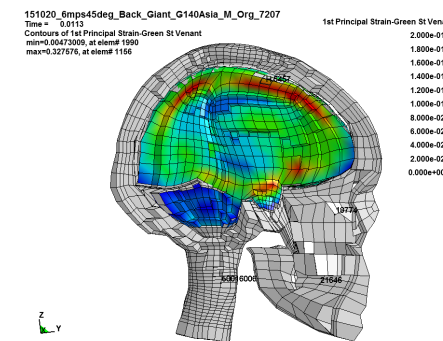
Understanding of the reality

Simulation of real accident in MIPS test lab



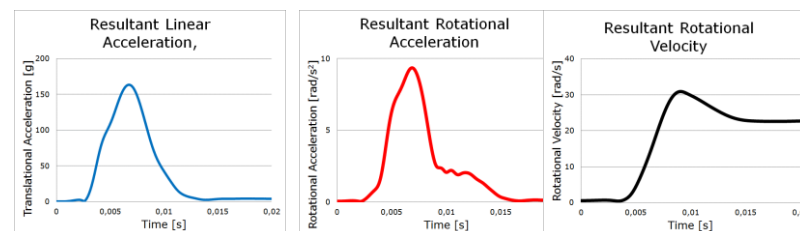
Understanding of brain injury

Advanced computer models

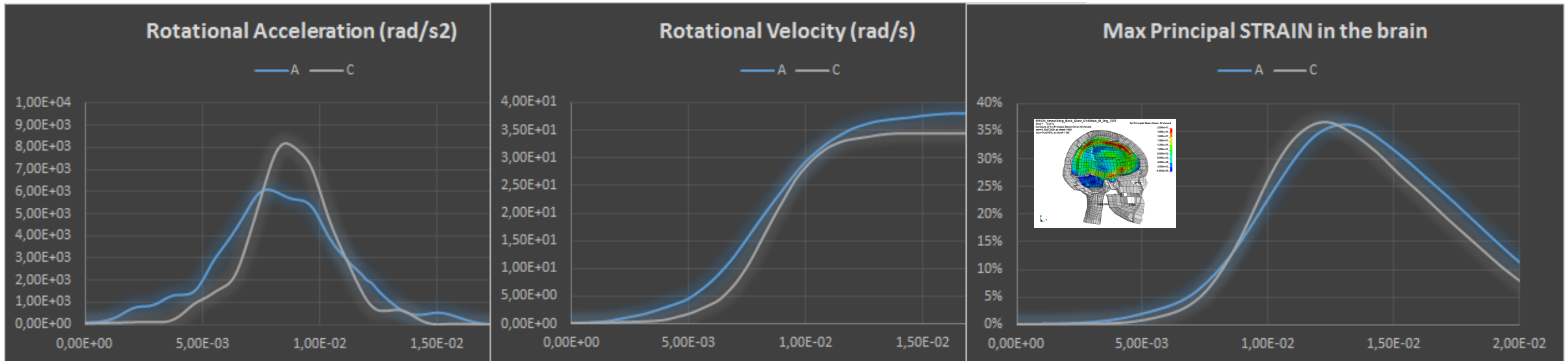


Experimental results:

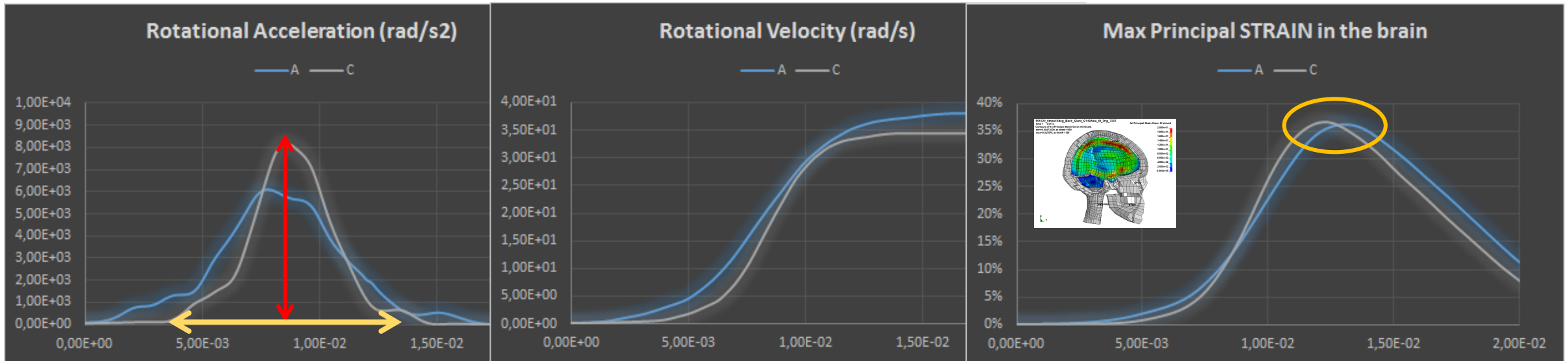
- Linear acceleration
- Rotational acceleration
- Rotational velocity



# DURATION AS IMPORTANT AS AMPLITUDE

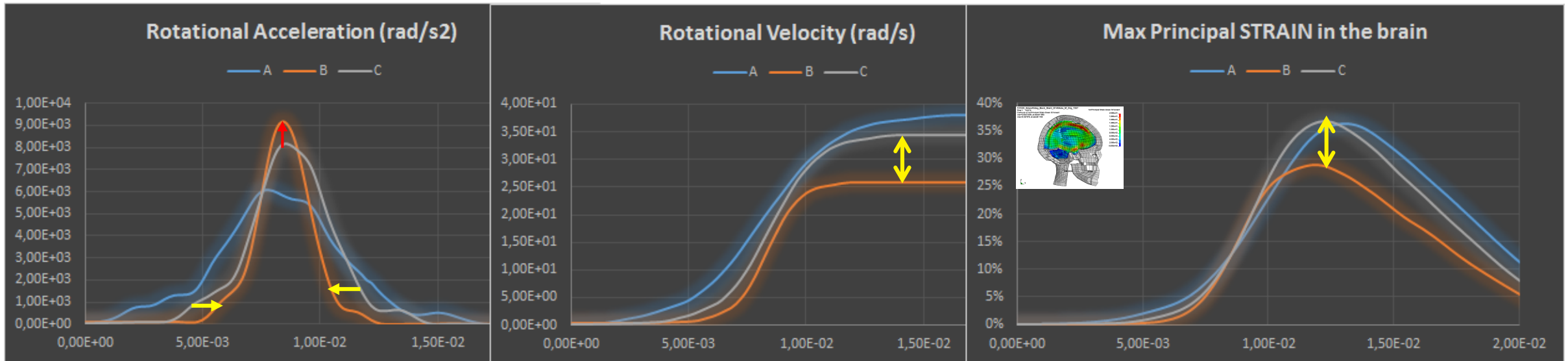


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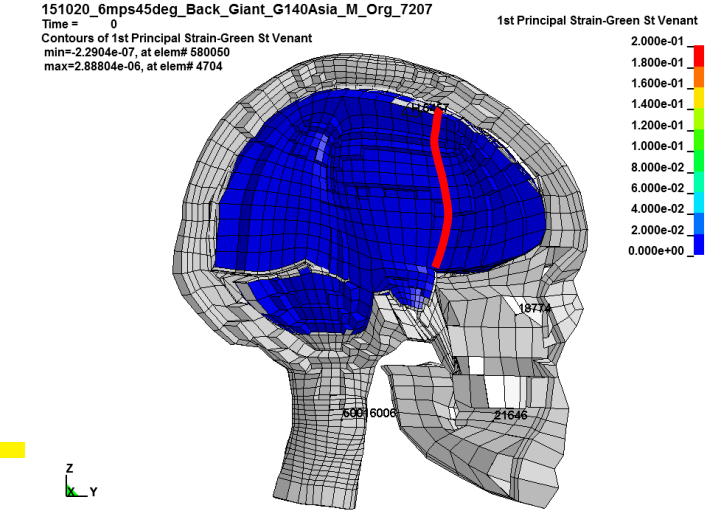
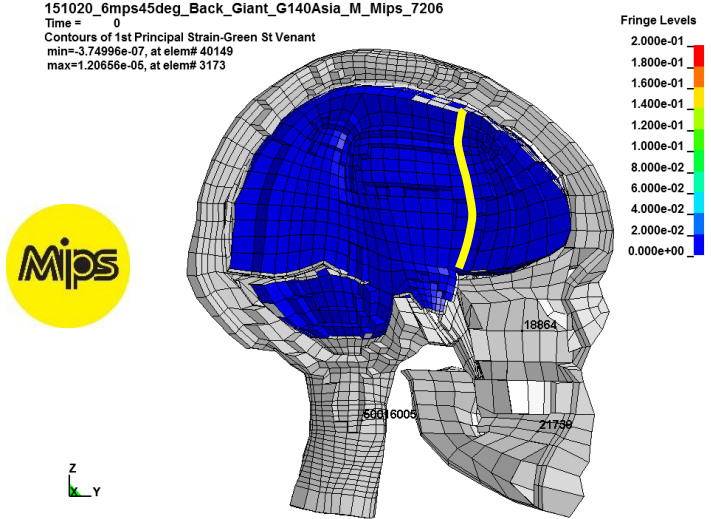
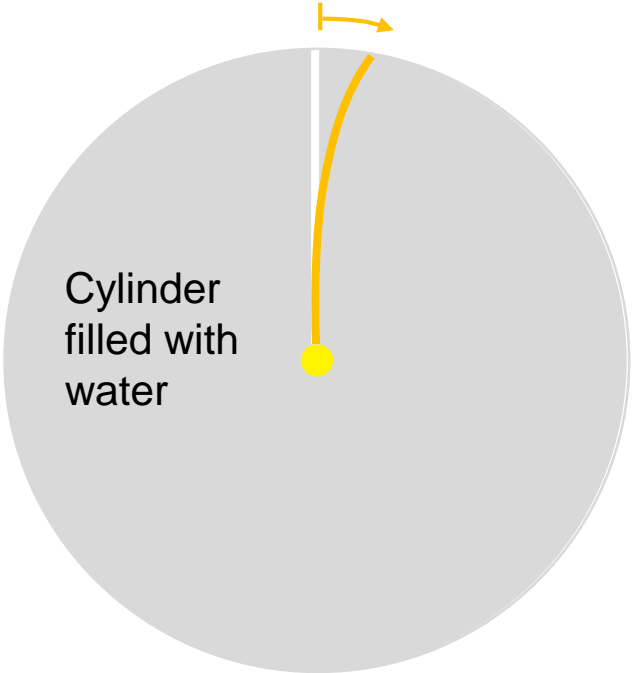


# DURATION AS IMPORTANT AS AMPLITUDE

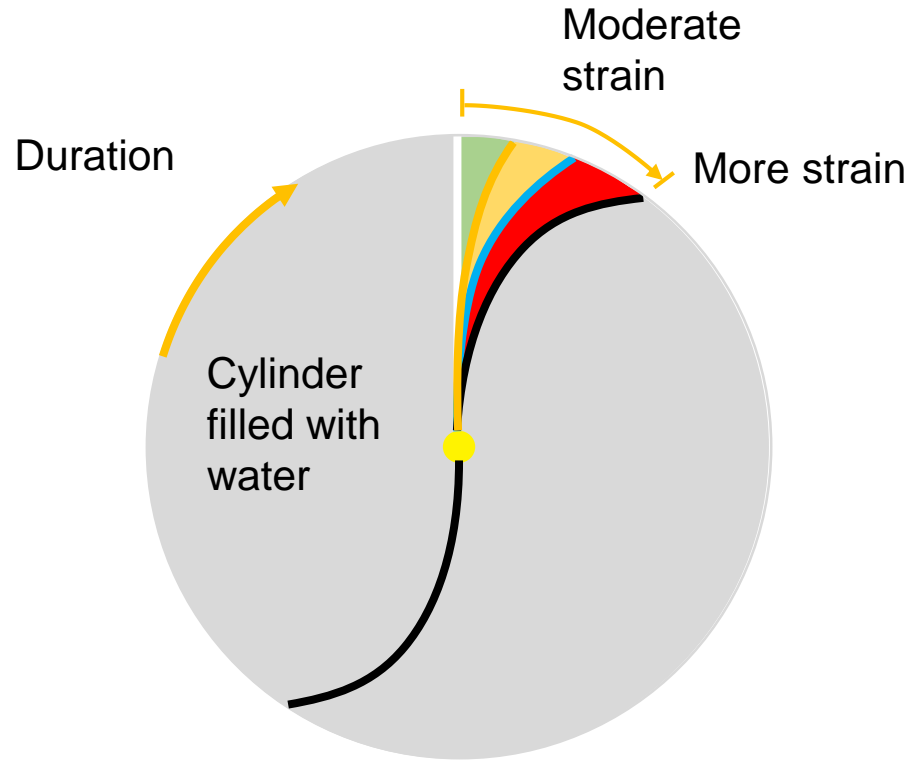


- The **Red** curve has higher amplitude **but** shorter **duration**
- Resulting in lower rotational velocity and significantly lower strain in the brain

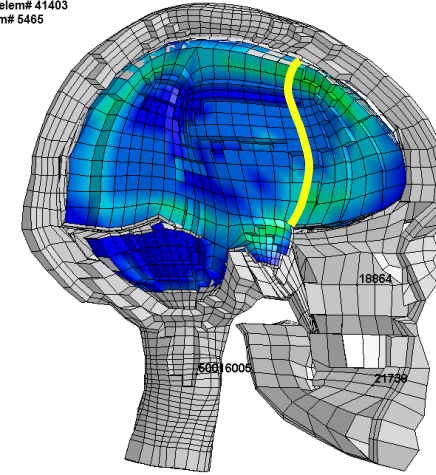
# ALL TOGETHER CASUING STRAININ THE BRAIN



# ALL TOGETHER CASUING STRAIN IN THE BRAIN



151020\_6mps45deg\_Back\_Giant\_G140Asia\_M\_Mips\_7206  
 Time = 0.0113  
 Contours of 1st Principal Strain-Green St Venant  
 min=-2.42784e-07, at elem# 41403  
 max=0.129419, at elem# 5465

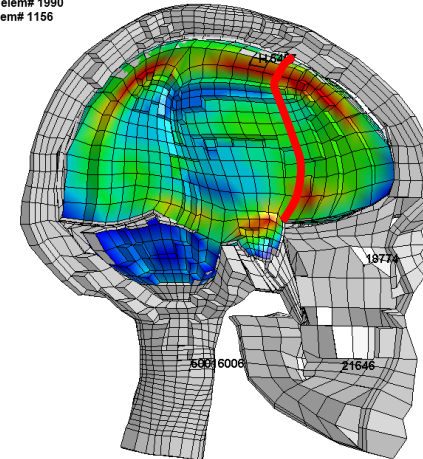


Fringe Levels  
 2.000e-01  
 1.800e-01  
 1.600e-01  
 1.400e-01  
 1.200e-01  
 1.000e-01  
 8.000e-02  
 6.000e-02  
 4.000e-02  
 2.000e-02  
 0.000e+00



151020\_6mps45deg\_Back\_Giant\_G140Asia\_M\_Org\_7207  
 Time = 0.0113  
 Contours of 1st Principal Strain-Green St Venant  
 min=0.00473009, at elem# 1990  
 max=0.327576, at elem# 1156

1st Principal Strain-Green St Venant  
 2.000e-01  
 1.800e-01  
 1.600e-01  
 1.400e-01  
 1.200e-01  
 1.000e-01  
 8.000e-02  
 6.000e-02  
 4.000e-02  
 2.000e-02  
 0.000e+00



# MIPS APPROVAL TEST PROTOCOL



Ski helmet test standard  
EN1077

Linear acceleration  
< 250G

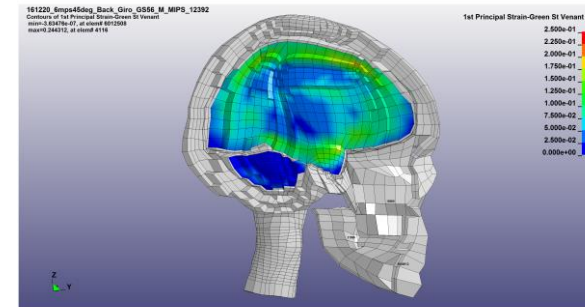
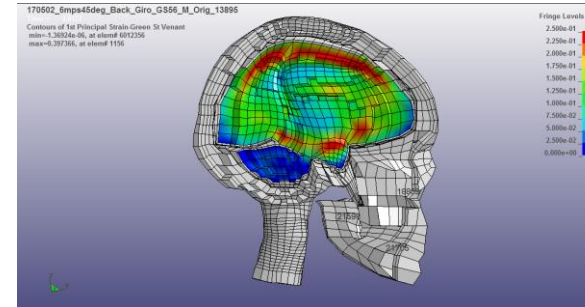
→ **CE**

		Yrot	Xrot	Zrot	
MIPS					<p>Strain reduction &gt; 10%</p> <p>→ <b>MIPS</b></p>
No MIPS		<p>Linear acceleration + Angular acceleration</p> <div style="display: flex; justify-content: space-around;"> </div>			



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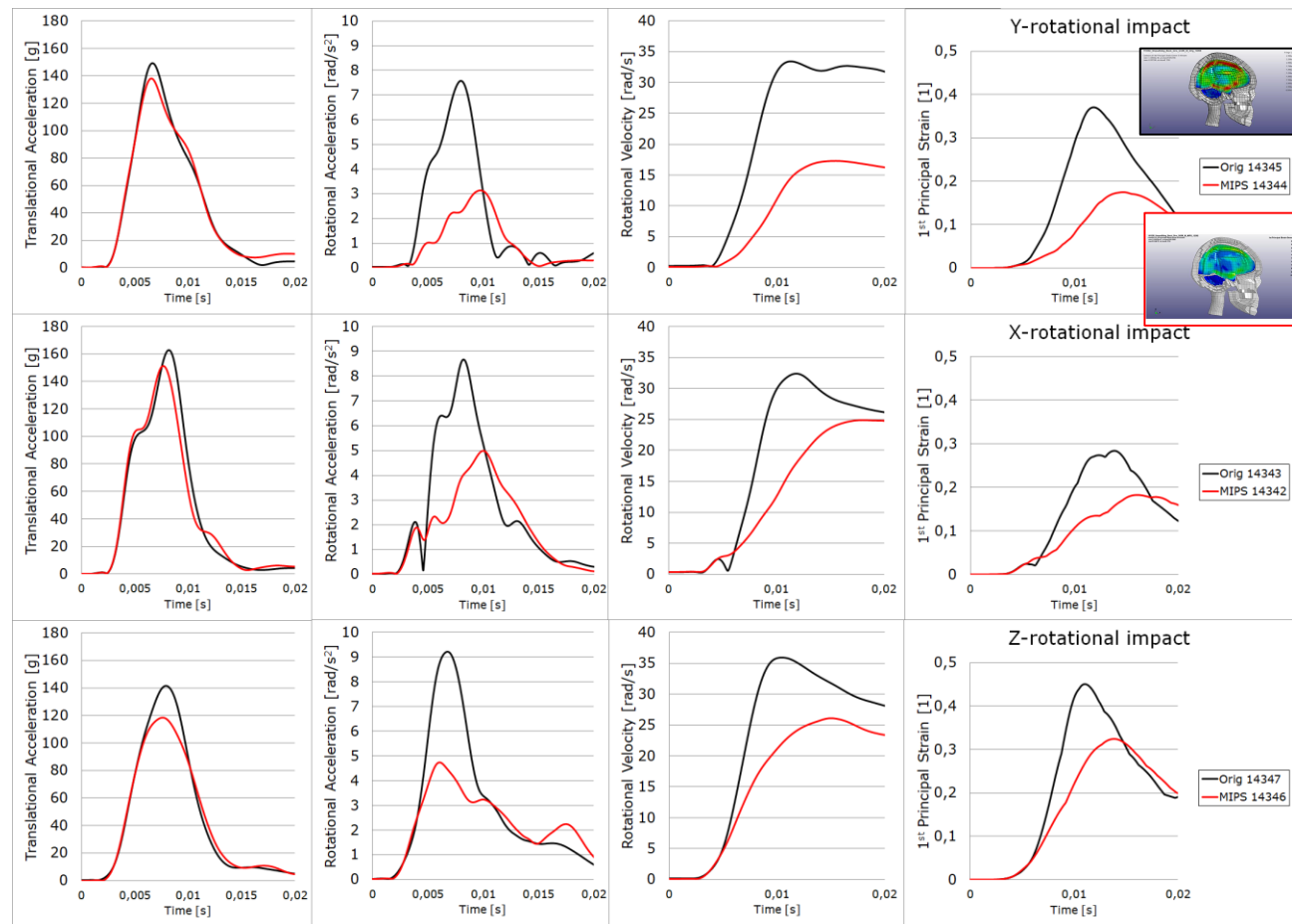
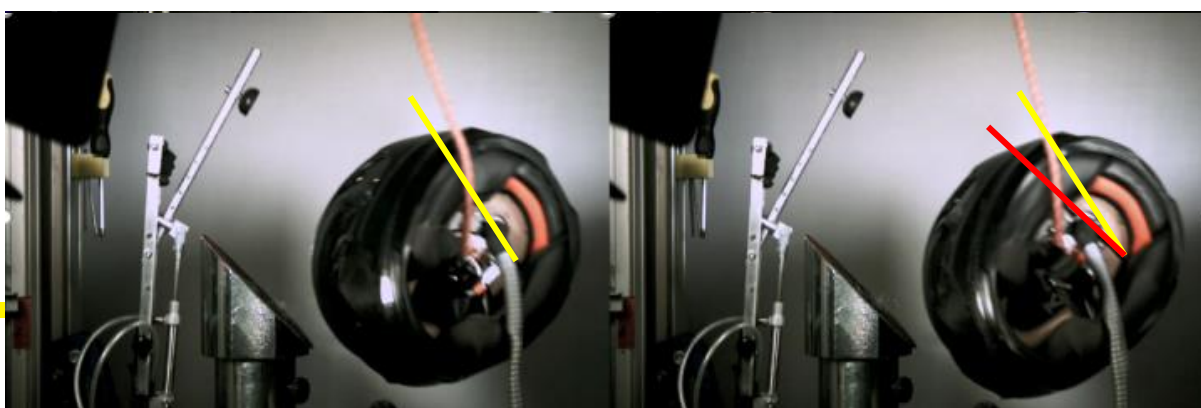
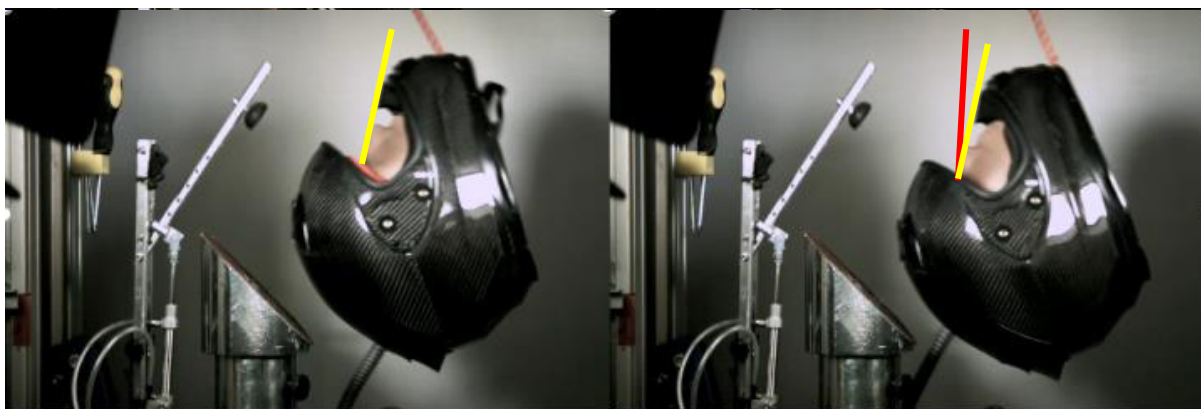
Original

With MIPS BPS

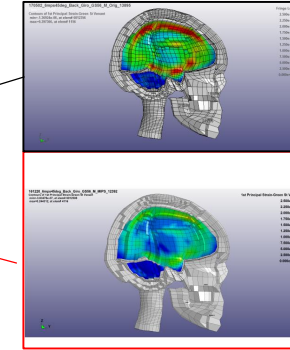
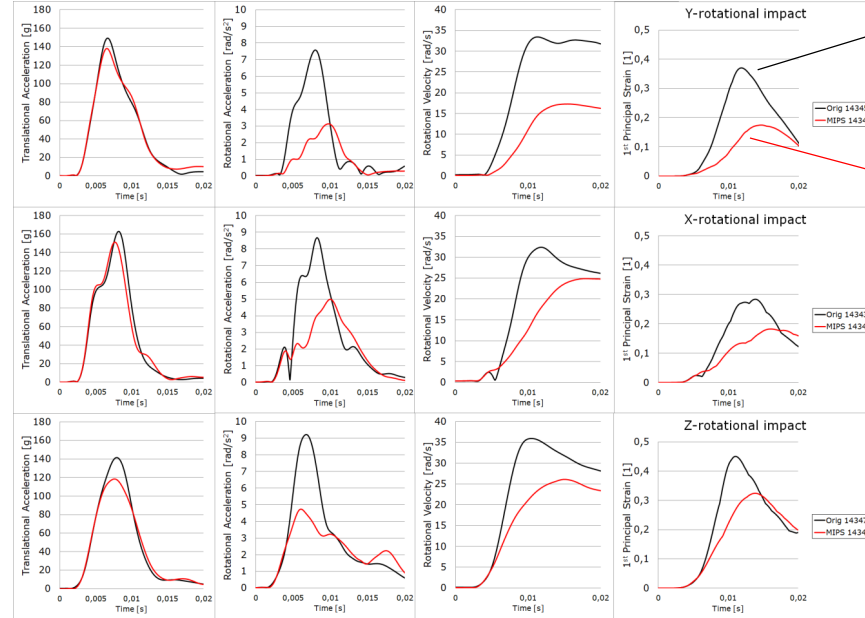
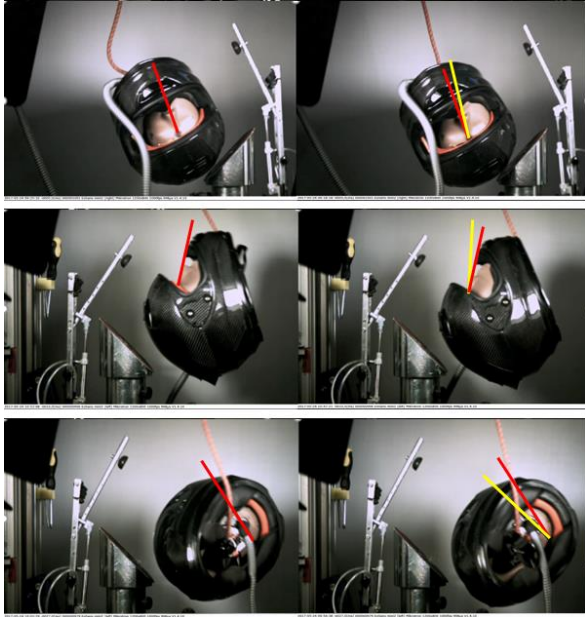


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# Example of results Motorcycle helmet 7.5m/s impact speed

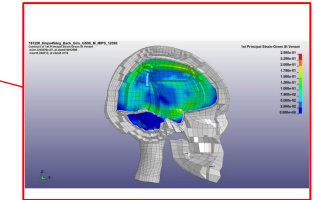
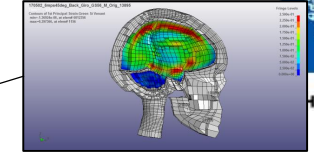
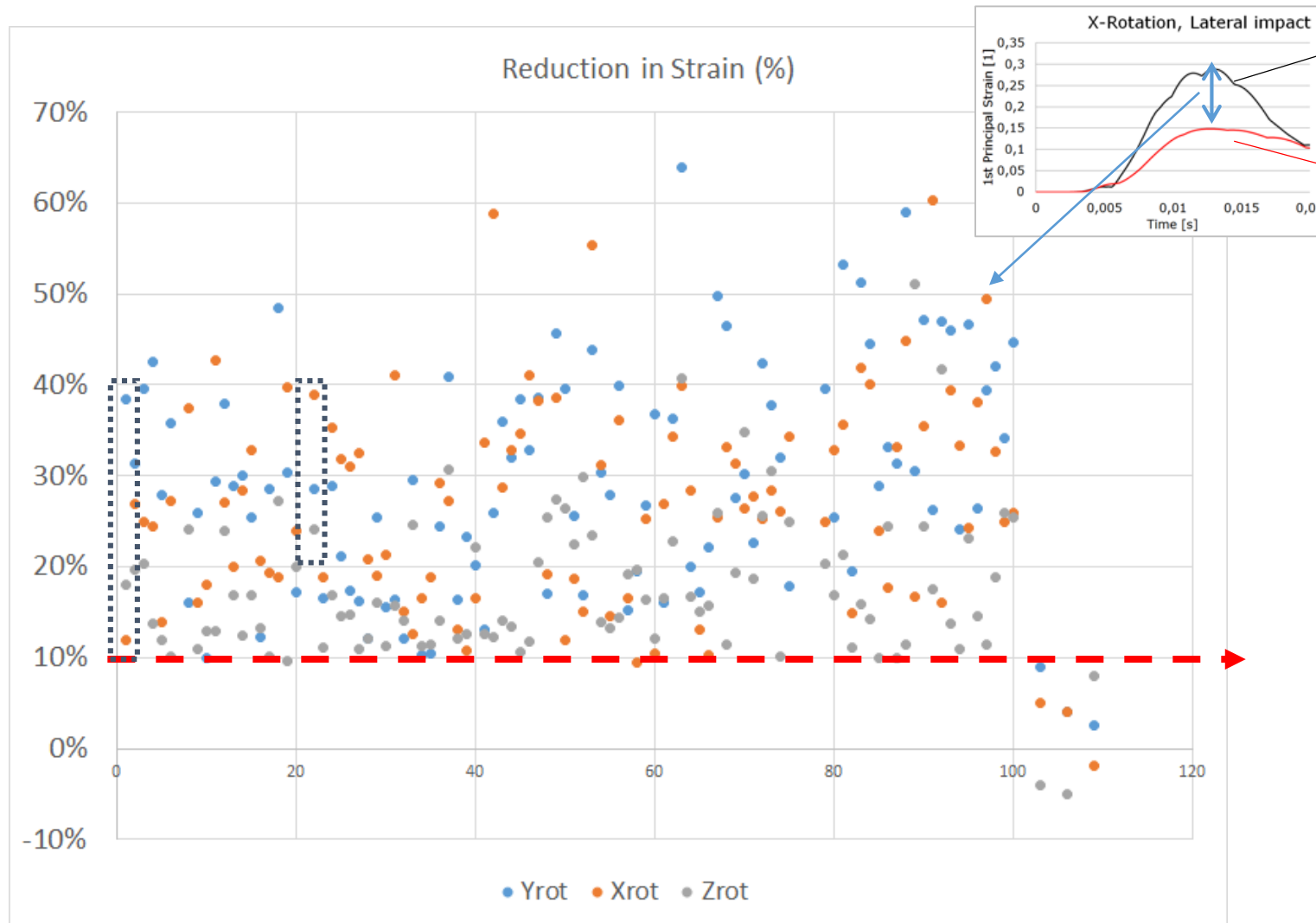


# Example of results - Motorcycle helmet 7.5m/s impact speed



Impact	Equipped with MIPS	Resultant Translational Acceleration [g]	Resultant Rotational Acceleration [krad/s <sup>2</sup> ]	Resultant Rotational Velocity [rad/s]	1 <sup>st</sup> Principal Strain [1]	BrIC	Relative Difference Resultant Translational Acceleration	Relative Difference Resultant Rotational Acceleration	Relative Difference Resultant Rotational Velocity	Relative Difference 1 <sup>st</sup> Principal Strain	BrIC
Yrot	MIPS 14344	137,9	3,1	17,3	0,17	0,32	7,5%	58,6%	48,2%	53,0%	48,4%
Yrot	Orig 14345	149,1	7,6	33,5	0,37	0,62					
Xrot	MIPS 14342	151,3	5,0	24,9	0,18	0,42	7,2%	42,4%	23,2%	35,7%	22,2%
Xrot	Orig 14343	163,0	8,7	32,4	0,28	0,54					
Zrot	MIPS 14346	118,6	4,7	26,1	0,32	0,61	16,1%	48,5%	27,5%	28,2%	25,6%
Zrot	Orig 14347	141,3	9,2	35,9	0,45	0,82					

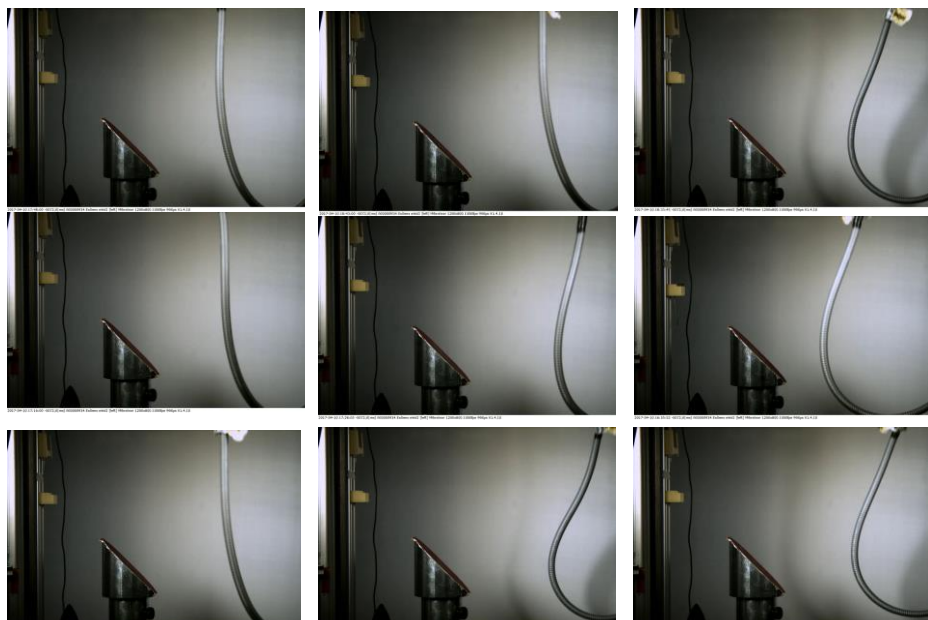
# Results from 100 MIPS Approval tests





# Benchmark of 9 MC helmets from Swedish market

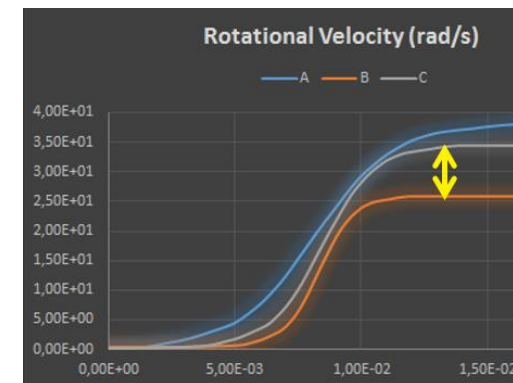
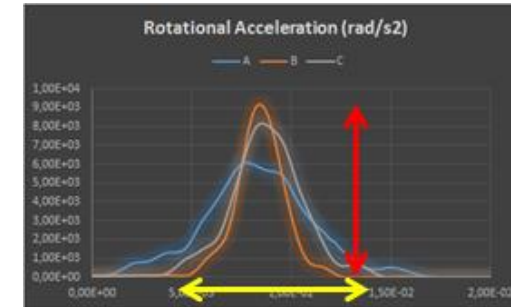
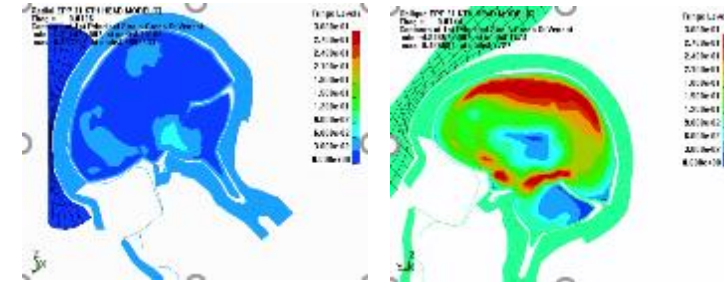
All tested in 7.5m/s



Helmet	Resultant Translational Acceleration [g]	Resultant Rotational Acceleration [krad/s <sup>2</sup> ]	Resultant Rotational Velocity [rad/s]	1st Principal Strain [1]
1	122,7	3,2	26,2	24%
1	128,3	5,2	30,3	25%
2	141,3	6,5	33,0	35%
2	146,8	7,5	32,0	36%
3	127,8	6,7	35,2	36%
3	134,4	6,3	34,2	36%
4	145,6	7,7	33,1	36%
4	125,8	6,4	35,6	37%
5	140,8	6,9	34,4	37%
5	109,8	6,9	35,1	38%
6	121,8	6,7	34,2	38%
6	111,6	8,0	37,3	41%
7	155,4	9,2	37,2	41%
7	157,0	9,3	37,6	42%
8	116,8	7,8	39,6	43%
8	128,6	8,7	39,9	43%
9	125,7	9,1	40,3	44%
9	131,7	9,2	40,0	44%

# SUMMARY

- The human brain is more sensitive for rotation than linear motion
- To evaluate helmets like MIPS a new helmet test method is needed (ECE 22.05)
- To tell how a helmet impact effects the brain, you need to analyze the rotational acceleration over time including both the **amplitude** and the **duration** of the pulse



# Any questions could be sent to:

- [Peterh@kth.se](mailto:Peterh@kth.se)
- Peter.halldin@mipshelmet.com