### Latvia

**Source:** European Union/Re-open EU  
15.09.2020

**Travelling to Latvia**

Entry is allowed to foreigners transiting through the territory of Latvia on their return to their country of residence. Self-isolation does not apply to persons who cross the territory in transit.

An updated list of countries for which entry to Latvia is restricted is available on the Latvian Centre for Disease Prevention and Control. Countries marked as red or yellow have registered infections above the allowed threshold.

**Travelling from Latvia or returning to Latvia**

Travelling to countries with COVID-19 incidence rates above 25 cases per 100,000 inhabitants over a 14-day cumulative period is not recommended.

You must self-isolate if you enter Latvia or return from a country which is subject to special precautionary and restrictive measures due to a high number of confirmed COVID-19 cases.

The list of affected countries can be found on the website of the Latvian Centre for Disease Prevention and Control.

**Rules and Exceptions**

Citizens from EU+ and persons lawfully residing in these countries are allowed to enter Latvia, provided that the incidence of COVID-19 (coronavirus infection) in their country of origin has not exceeded 16 cases per 100,000 inhabitants in the last 14 days.

A list of countries for mandatory 14-day isolation upon arrival is periodically updated.

All travellers, including citizens and permanent residents of Latvia, who have arrived from countries in which the 14-day cumulative number of COVID-19 cases has exceeded 16 cases per 100,000 inhabitants, must self-isolate for a 14-day period upon arrival in Latvia.

**Mandatory Travel Documentation**

Prior to the arrival in the Republic of Latvia, a person who enters the country by using services of international carriers must confirm in writing that, upon arrival in Latvia, the epidemiological safety measures established in the country will be observed. In the statement the person must indicate his or her name, surname, personal identification code, contact telephone number and the address of the actual place of residence where the person can be reached, as well as the countries and dates of departure in which the person has stayed during the last 14 days before the arrival in Latvia.

**Links to national sources**

Latvian Centre for Disease Prevention and Control  
Driving abroad  
Source: https://reopen.europa.eu/en/map/LVA

### Remarks from the International Road Transport Union

30.06.2020

The State of Emergency ended in Latvia on June 9. However, borders are only open to residents of Latvia, other EU Member States, countries in the European Economic Area and Switzerland, that hold proper residency documentation. The Government of Latvia is monitoring the rates of COVID-19 in these countries and passenger from countries with more than 15 cases per 100,000 inhabitants will be required to self-isolate for 14 days upon arrival.

As of 9 June, face masks are mandatory on public transport. International passenger transport operations cannot be performed to countries listed by the Centre for Disease Prevention and Control. The transport of workers that is specifically carried out so that they can fulfil their work duties is exempted from this provision.

From 10 June, movements of people to and from countries at risk is banned; road transport workers are exempt from this provision, as well as from quarantine requirements upon entry into Latvia.

Borders with Russia and Belarus remain closed for all international passenger travel.

**Source:** Latvian Government

---

15.05.2020

International passenger transport between the Baltic States is authorised from 15 May. The government decided to authorise the resumption of international passenger transport by air, sea, bus and rail from and to Lithuania and Estonia.

International passenger transport to other destinations will still require the permission of the Minister for Transport, based on a case-by-case basis.

Latvian nationals and permanent residents, as well as foreigners who have not visited other countries in the last 14 days, except Lithuania or Estonia, as well as Lithuanian and Estonian nationals who cross Latvia in transit, do not have to spend 14 days in self-isolation. Persons who transit through Latvia do not have to spend 14 days in self-isolation either.

Amendments to the Order provide that persons who have arrived in Latvia from abroad, except Estonia and Lithuania, may only use public transport if they have self-isolated and they must cover their mouth and nose within the public transport network.

More detailed information can be found on the official website here.

**Source:** LATVIJAS AUTO

---

18.04.2020

On 27 March, the Latvian government notified a set of relaxations on driving and rest times rules, which apply until 25 April and are as follows:

- Art. 6.1: increase of the maximum daily driving time from 9 hours to 11 hours
- Art. 6.2: increase of the maximum weekly driving time from 56 hours to 60 hours
- Art. 6.3: increase of the maximum fortnightly driving time from 90 hours to 96 hours
Emergency situation declared throughout national territory

Suspension of international transit of passengers through airports and ports, by bus and rail, except for the travel of passengers by State aircraft and military transport. Prohibition of the movement of passengers and vehicles through border crossing points at airports and ports, on road and railway lines at the external border of the European Union, as well as through the border crossing points intended for local border traffic, with the exception of the carriage of goods.

Start date: 17.03.2020
End date: 12.05.2020

Further information can be found on the website of the Ministry of Foreign Affairs and the Cabinet of Ministers.

- Art 7: the driver shall have an uninterrupted break of at least forty-five minutes if he does not take a rest period after five and a half hours of driving
- Art. 8: a regular weekly rest period of 45 hours may be reduced to 24 hours without the requirement of compensation.

Source: ITF

22.03.2020

From 18 March 2020, people entering Latvia will have to fill out the following application forms and submit them to the State Border Service:

- Form for Latvian citizens and persons permanently residing in Latvia (holders of permanent/temporary residence permits and long-term "D" visas, provided they were issued in the Republic of Latvia). The form is available in Latvian, Russian and English.
- Form for Lithuanian and Estonian citizens and residents (holders of permanent/temporary residence permits and long-term "D" visas, provided they were issued in Lithuania or Estonia), returning to Lithuania or Estonia. By signing the form, the person "undertakes not to visit publicly available spaces". Parkings and refuelling station are not concerned by these measures. The form is available in Russian and English.
- Form for all freight carriers (including foreigners transiting through Latvia), by which the person "undertakes not to visit publicly available spaces". Parkings and refuelling station are not concerned by these measures. The form is available in Latvian, Russian and English.

Source: Latvian Ministry of Transport