Poland

Source: European Union/Re-open EU

05.01.2023

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Travellers must verify if they belong to the categories allowed to enter Poland, listed on the website of the Border Police.

Travellers allowed to enter the country do not need to provide proof of vaccination, recovery from COVID-19 or a negative test result.

What are the rules to enter this country from an EU Member State or Schengen Associated country?

COVID-19 travel restrictions were lifted in Poland. Providing proof of vaccination, recovery from COVID-19 or a negative test result is not required.

Learn more:
Travel information

06.05.2022

COVID-19 travel restrictions have been lifted in Poland. Tr avellers do not need to provide proof of vaccination, recovery from COVID-19 or a negative test result.

09.03.2022

What are the rules to enter this country from an EU Member State or Schengen Associated country?

Remarks from the International Road Transport Union

30.05.2023

Poland-Belarus: Update on border regulations and processes

Poland - Belarus - Russia

The Ministry of the Interior and Administration of the Republic of Poland has announced that Poland will suspend freight movements through its border crossings points with Belarus for freight vehicles registered in Belarus or Russia.

The new regulation is applicable to all types of freight vehicles registered in Belarus or Russia, including trucks, lorries, trailers, semitrailers, etc.

This regulation enters into force as of 1 June 2023 and will remain in effect until further notice.

Source: Ministry of the Interior and Administration of the Republic of Poland

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20.09.2022

Ukraine-Poland: updated information on border crossing points

At Ukrainian-Polish border crossing points from 9 September 2022, phytosanitary and veterinary controls are operational 24h/7 days. At the Korczowa-Krakowiec and Zosin-Ustyluh border crossing points, there are now special lanes for returns of empty trucks.

Additional information, including an interactive map of border crossing points, can be found on IRU's Ukraine information hub: **here** .

Source: ZMPD

17.12.2021

COVID-19 Update - Test required at Polish external borders DRIVERS NOW EXEMPT

A new ordinance has just been published, and is amending the regulation establishing restrictions put in place to reduce the spread of Covid-19.
One of the provision establishes that drivers performing international transport, who are crossing the external borders of the European Union upon entry to Poland, are now exempt from the obligation to present a negative SARS-Cov-2 test.
The above provision came into force upon its publication.

Source: ZMPD

Document ckecklist

Travellers must provide all the following documents:

1. All passengers flying to Poland must fill in a Passenger Locator Form before travelling.
2. Proof of full vaccination, proof of recovery from COVID-19 or a negative test result. Details in the sections below.

Children**up to 12 years** are exempt from quarantine if they travel under the supervision of adults who have been fully vaccinated or who have a negative result to a COVID-19 test.

Entering this country with the EU Digital COVID certificate

Travellers can enter Poland without being subject to testing or quarantine if their 'EU Digital COVID Certificate' (EUDCC) contains one of the following:

- Proof of full vaccination
  Validity: between 14 days (counting from the day following the last dose) and 270 days (9 months) after the primary vaccination series is completed; or 270 days after the booster dose.
  Accepted vaccines: vaccines approved by the European Medicines Agency (EMA); equivalent vaccines listed by the National Institute of Public Health PZH.
- Proof of recovery from COVID-19. Validity: 6 months.
- A negative COVID-19 test result, performed within48 hours before arrival.

Entering this country without the EU Digital COVID certificate or with a certificate not compliant with national requirements

Travellers who hold official certificates equivalent to the 'EU Digital COVID Certificate' (EUDCC) in Polish or in English, meeting the same requirements listed above for the EUDCC, can enter Poland at the same conditions.

Travellers who do not hold any of these documents are subject to **a 7-day quarantine upon entry, regardless of the means of transport used** (collective, individual, or when crossing the border on foot).

09.11.2021

Border crossing point “Kuznica” closed

Poland - Belarus

Poland closed the border crossing point “Kuznica” on the border with Belarus (Bruzgi), for any type of movements from 7:00 on 9 November 2021, and until further notice.

Road transport operators are kindly advised to use other border crossing points, notably Berestovica (BLR) – Bobrovniki (POL) or Kozlovichi (BLR) – Kukuryki (POL).

Source: Border Guard Agency of Poland

25.06.2021

New eTOLL road user charging system in Poland for goods and passenger transport

In June 2021, Poland introduced a new tolling system (eTOLL) for all vehicles with a Gross Vehicle Mass of more than 3.5 tonnes. This included goods vehicles, buses, coaches and passenger cars with a trailer. The eTOLL system will eventually replace the current viaTOLL. The deadline will not be later the 30 September 2021, but the exact date is not known yet.

There will be a transition period until the deadline during which eTOLL and viaTOLL can be used in parallel.

More information on how to prepare for the use of the eTOLL system can be found in the attached English brochure.

Learn more:
Travel information
'EU Digital COVID Certificate' - Poland
Special rules of entry and stay
Quarantine

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Entry rules

Note: persons crossing the border with **Ukraine** due to the ongoing armed conflict are not subject to quarantine.

Please, check carefully what categories of travellers are allowed to enter Poland on the website of the Border Guard.

Travellers flying to Poland who stay in the country for no longer than 24 hours, and have a flight ticket with departure within 24 hours starting from the moment of arrival in Poland, are exempt from the quarantine obligation, but they have to provide a negative result to a pre-departure test (valid 24 hours).

Document checklist

Travellers must provide all the following documents:

1. All passengers flying to Poland must fill in a Passenger Locator Form before travelling.
2. Negative result to a molecular test or rapid antigen test, performed within 24 hours before crossing the border. Children younger than 5 are exempt. Tests can also be performed in some airports, before the border check. Travellers must verify the availability of this option depending on their destination.
3. Proof of full vaccination.
   Validity: 14 days after the last dose required was administered (counting from the day following the last dose).
   Accepted vaccines: vaccines approved by the European Medicines Agency (EMA); equivalent vaccines listed by the National Institute of Public Health PZH.

   Or

   Proof of recovery from COVID-19. Validity: 6 months

These documents must be provided as an 'EU Digital COVID Certificate' or as equivalent certificates, in English or in Polish.

Travellers who do not provide the negative test result are subject to a **7-day quarantine**.

Learn more:
Travel information
Special rules of entry and stay
Quarantine





Source: ZMPD

17.02.2021

Revised provisions on the cross-border shipment of waste in Poland

A foreign entrepreneur, prior to commencement of activities in the scope referred to in Art. 50 (1) of the Act on waste (including transport of waste), is obliged to submit an application and obtain an entry in the register of Databases on products and packaging and on waste management ("BDO").

The voivodeship marshal shall enter it in the register after finding that the application for entry in the register does not contain any formal defects, immediately, but not later than within 30 days from the date of receipt of the application.

A foreign entrepreneur who has established a branch in the territory of the Republic of Poland shall submit an application for entry in the register in the BDO system through a person authorized to represent him, to the marshal of the province competent for the seat of the branch.

Detailed instructions on how to submit an application for entry to the BDO can be found here.

What are the rules if I go abroad from this country, and when I return from abroad?

The Ministry of Foreign Affairs calls for the avoidance of international travel that is not strictly necessary. Any trip, even for work reasons and urgent family matters, is not recommended.

When deciding whether to leave, you should consider that you could face possible difficulties in returning home with restrictions on air traffic, the obligation to undergo quarantine or self-isolation, mandatory testing for COVID-19 infection, as well as additional medical examinations as requested by local authorities.

Details on the epidemiological situation and conditions of entry into individual countries are available on the specifictravel advicepage for each country.

Please, consult entry rules from EU and Schengen Associated countries or from outside EU and Schengen Associated countries, depending on your country of departure.

Learn more:
Koronavirus - Travel abroad

May I transit this country?

Travellers flying to Poland from countries outside the Schengen/EU area whostay in the country for no longer than 24 hours and have a flight ticket with departure within 24 hours, starting from the moment of arrival in Poland, are exempt from the quarantine obligation, but they have to provide a negative result to a pre-departure test (valid 24 hours).

Travellers in transit must also fill in the Passenger Locator Form.

Learn more:
Travel information
Special rules of entry and stay

General measures

As of 1 March, most COVID-19 restrictions were lifted, except for the rules on social distancing, the obligation to wear facemasks in closed spaces, and on quarantine.

Current measures are available on:

A foreign entrepreneur who has not established a branch in the territory of the Republic of Poland, submits an application for entry in the BDO register directly to the Marshal of the Mazowieckie Voivodeship in writing, printed and signed by the entrepreneur or the person representing him. Application form for entry in the register can be downloaded here.

After obtaining an entry in the Register-BDO, in order to perform activities in the BDO system, e.g. updating data in the entry, keeping waste records or reporting, it is necessary to log in to the BDO system via the National Electronic Identification Node (WKIE). A foreign entrepreneur or a person representing him does not have to be a Polish citizen to be able to log in via WKIE. The identity of the person authorized to represent in WKIE may be confirmed by means of a trusted profile or a bank connected to WKIE. In both cases, a citizen of a foreign country must have a PESEL number. The method of obtaining a PESEL number and establishing a trusted profile is described in the information here.

Alternatively, foreigners may act through a person authorized to represent or an attorney who has a PESEL number (not necessarily a Polish citizen).

Source: ZMPD/ BDO website

02.11.2020

Driving restrictions in Poland in 2021 can be found in the attached document.



Source: ZMPD

10.06.2020

26.06.2020

As of 00:00 on 13 June, internal borders with other EU countries have been opened; travellers can freely entry, exit and transit through Poland. The lifting also implies the lifting of sanitary controls and quarantine requirements. Controls are maintained on borders with Russia, Belarus and Ukraine.

Foreign nationals of **non-EU countries** are still banned from entering Poland, but the following categories are exempted from the provision:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

Use of facemasks

Note: using scarves, visors or face shields to replace facemasks is not allowed.

Wearing a facemask covering mouth and nose is compulsory in closed public places (indoors), such as:

- on public transport
- in shops, malls, banks, markets and post offices
- in cinemas and theatres
- at the doctor's, in outpatient clinics and hospitals, in massage and tattoo shops
- in churches, at schools and universities
- in government offices and public buildings
- on shared properties (such as staircases)
- at the workplace, if there is more than one person in the room and during direct customer service.

There is no obligation to wear masks outdoors and in other places such as forests, parks, green squares, botanical gardens, historic gardens, family community gardens and on beaches as well as while travelling by private car or bike.

People with mental health or developmental conditions, or with neurological, respiratory or circulatory disorders are exempt.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years);
- people who live in one household or run a household together;
- people with disabilities, personswho cannot move on their own, persons with special educational needs and their caregivers.

Safety measures for public transportation

Wearing facemasks is compulsory.

Places of worship

- Polish citizens.
- Foreigners who are spouses or children of Polish citizens, or who remain under their constant care.
- Foreigners holding a Polish Card.
- Heads of diplomatic missions and members of the mission's diplomatic and consular staff, i.e. persons with a diplomatic rank and members of their families.
- Foreigners who have the right of permanent or temporary residence in Poland.
- Foreigners who have the right to work in Poland, i.e. foreigners entitled to work under the same conditions as Polish citizens, who have a work permit, a certificate of entry in the register regarding seasonal work, a statement on entrusting work to a foreigner on the territory of the Republic of Poland who:
    - perform work in Poland, or
    - present documents showing that the commencement of work will begin immediately after crossing the border.
- Foreigners who carry out transport operations of persons or goods transiting through Poland, provided the transit is part of their professional activity.
- Drivers performing road transport as part of international road transport or international combined transport travelling through Poland by other means of transport than the vehicle used for road transport in order to (a) take their rest period in the territory of the country of stay or (b) after having taken the rest referred to and after a break in carrying out the work in the circumstances specified in the Act on drivers' working time.
- Pupils and students studying in Poland.
- Citizens and residence permit holders of European Union Member States, European Free Trade Association (EFTA) Member States - parties to the Agreement on the European Economic Area or the Swiss Confederation and their spouses and children, who travel through Poland to reach their place of residence or stay.

Members are reminded that EU goods and passengers drivers are free to carry out transport operations to, through and from Poland.

Source: ZMPD

10.06.2020

Polish authorities will restrict the movements of heavy goods vehicles on 10 and 11 June due to security reasons during a big religious event.

The ban will be in force between **18:00 and 22:00 on 10 June and between 08:00 and 22:00 on 11 June** (Belarus has a different time zone, therefore the period of validity of the provision will be between 19:00 and 23:00 on 10 June and between 09:00 and 23: 00 on 11 June)

The ban will not be applicable to goods vehicles transporting dangerous and perishable goods, foodstuffs and live animals. Neither ban will be applicable to vehicles which, by the time of introduction of restrictions, are already inside the terminals and have completed formalities for entry/exit, as well as to buses operating internationally. The notice can be read here.

Source: Grodno Border Service Command

04.06.2020

On 30 May, Poland lifted the transit ban for goods drivers that carried out international transport operations and are passing through the Polish territory with other means of transport in order to reach their place of rest or get back from it. Now, once at the Polish border, those drivers should present an appropriate certificate or a copy of the employment contract, a driving license (or a driving license with code 95), and the driver qualification card or driver's certificate.

Wearing a facemask is compulsory.

Quarantine

Quarantine applies to people who live with a confirmed COVID-19 case, and to people who were referred for COVID-19 testing by a doctor.

Quarantine lasts 7 days if no symptoms arise.

People in quarantine can only leave their home to get tested, or when it is necessary to visit a doctor. Police officers may visit quarantined persons and a fine of up to PLN 30.000 is imposed on those breaking the quarantine.

Only people who live with a confirmed COVID-19 case need a negative test result to end quarantine.

The following categories are not subject to quarantine:

- people who were in contact with a confirmed COVID-19 case
- people who live with a person who is in quarantine
- people who are fully vaccinated. Note: vaccinated people must quarantine if they live with a confirmed COVID-19 case.
- people who recovered from COVID-19 in the last 6 months
- people who live with an isolated person and finished their own isolation period in the last 30 days

Learn more:
Quarantine
FAQ

Non-essential (other than medicine and food) shops

Wearing a facemask is compulsory.

Cinemas, museums and indoor attractions

Wearing a facemask is compulsory.

Personal care services

Open with limitations

Source: ZMPD

13.05.2020

On 12 May, the Polish Government extended controls at borders until 12 June 2020. The full notice can be read here.

Source: ZMPD

06.05.2020

On 30 April, the Polish Prime Minister announced a relaxation of the conditions imposed on commuters at border crossing points. From 4 May, Polish citizens working or studying in Germany will no longer have to spend 14 days in quarantine when returning to Poland, and corresponding regulations have been agreed with neighbouring countries.

Polish borders are still closed for foreigners, this applies until 13 May. People with permanent residence permits, truck drivers and diplomats are exempt from the provision.

Source: DSLV

23.04.2020

As from 23 April, drivers operating in Poland are obliged to wear a f ace mask whilst they are outside of their cabin. In case there are tw o people in the cabin, both of them have to wear a face mask whilst driving.

Source: ZMPD

17.04.2020

The Polish Ministry of Infrastructure relaxed rules on driving and rest times **from 17 April to 31 May**. **Relaxations apply to drivers performing national and international road transport of goods and persons**, and are as follows:

- the daily driving time may not exceed 11 hours (derogation of Article 6 (1)),

- the weekly driving time may not exceed 60 hours (derogation of Article 6 (2)),

- the total driving time over the next two weeks may not exceed 96 hours (derogation of Article 6 (3)),

- after a driving period of five and a half hours, the driver is entitled to a continuous break of at least forty-five minutes (derogation of Article 7),

- if a driver makes this choice, he can also use the regular weekly rest period in the vehicle, provided he has adequate sleeping facilities for each driver and the vehicle is stationary (derogation from Article 8 (8)).

Temporary derogations from the application of the provisions apply to drivers performing road haulage. Whereas, drivers performing road passenger transport are subject to the above-mentioned derogations, only in the case of transport carried out in connection with the return of citizens to their countries of residence.

According to the wording of the notification agreed with the European Commission:

- the drivers referred to above must indicate, on the back of the analogue tachograph record sheet or the digital tachograph printout, the derogation cases,

Sanatoriums, health resorts and rehabilitation centres can only welcome hodlers of a negative result to a COVID-19 test, performed no earlier than 4 days before.

National website with coronavirus-related information for TOURISM

Poland Tourism

28.01.2022

EU Digital COVID Certificates

Information on 'EU Digital COVID Certificates' issued in Poland

Important: In Poland, the 'EU Digital COVID Certificate' (EUDCC) facilitates access to several public spaces fur fully vaccinated people. Please, consult the Measures section for further details. Travellers are strongy advised to carry relevant certificates at all times.

What are the rules to enter this country from an EU Member State or Schengen Associated country?

Document ckecklist

Travellers must provide all the following documents:

1. All passengers flying to Poland must fill in a Passenger Locator Form.
2. Proof of full vaccination, proof of recovery from COVID-19 or a negative test result. Details in the sections below.

Children**up to 12 years**, travelling under the supervision of adults who have been fully vaccinated, or who have a negative result to a COVID-19 test, are exempt from quarantine requirements.

Entering this country with the EU Digital COVID certificate

- the use of temporary derogations must not cause deterioration of drivers' working conditions and road safety levels.

Source: ZMPD

26.03.2020

In the ordinance dated 24 March 2020, the Minister of Internal Affairs and Administration has extended the period of border control at the internal border with Germany, Lithuania, the Czech Republic and Slovakia by another 20 days, i.e. until 13 April. The current restrictions on the entry of foreigners into Poland will also be maintained.

Full text of the ordinance can be found here.

On 24 March, Polish Authorities amended the rules on mandatory quarantine: drivers engaged in international road transport operations using vehicles below 3.5 tonnes are not any longer subject to quarantine.

The provision entered into force immediately.

Source: ZMPD

Restrictions

On 13 March, the Prime Minister of Poland announced a “state of emergency”. In addition to measures to limit public gatherings, the government announced that border controls will be temporarily restored from 15 March(00:00) for 10 days (renewable). During this period:

- Foreigners will not be allowed to enter Polish national territory. All air traffic and train movements coming from abroad will be temporarily suspended.

- Polish citizens and foreigners working in Poland that are returning from abroad must undergo a two week quarantine period.

- National bus, air and rail transport will operate normally.

- International road freight transport is not included in these restrictions. Borders remain open to the flow of goods and truck drivers operating international road freight will not have to comply with the two week quarantine period. The list of border crossing points open during this period is available here.

On 19 March, the Polish Minister of Health **lifted the previous duty of fulfillment of driver localisation forms. In addition, according to information on the Border Guard website, quarantine is not imposed on**:

- people living in Poland who work in a neighbouring country and who regularly cross the border (cross border workers).

- foreigners living in a neighbouring country who work in Poland and cross the border regularly (cross border workers).

- drivers engaged in the professional transport of goods and passengers.

Health checks are still taking place at border crossing points. Drivers with a temperature of above 38 degrees will automatically undergo a medical examination and will not be able to continue driving.

The updated border waiting times can be found here: www.granica.gov.pl.

Relieves

Travellers can enter Poland without being subject to testing or quarantine if their 'EU Digital COVID Certificate' (EUDCC) contains one of the following:

- Proof of **full vaccination**
  Validity: **14 days** after the last dose required was administered (counting from the day following the last dose.
  Accepted vaccines: vaccines approved by the European Medicines Agency (EMA); equivalent vaccines listed by the National Institute of Public Health PZH.
- Proof of **recovery** from COVID-19. Validity: **6 months**.
- A **negative COVID-19 test result**, performed within**4 8 hours** before arrival.

Entering this country without the EU Digital COVID certificate or with a certificate not compliant with national requirements

Travellers who hold official certificates equivalent to the 'EU Digital COVID Certificate' (EUDCC) in Polish or in English, meeting the same requirements listed above for the EUDCC, can enter Poland at the same conditions.

Travellers who do not hold any of these documents are subject to **a 10-day quarantine upon entry, regardless of the means of transport used** (collective, individual, or when crossing the border on foot).

The 10-day quarantine may be shortened by a negative result to a COVID-19 test (PCR or antigen) performed in a laboratory – at own costs - **48 hours after crossing the border**.

Learn more:
Travel information
'EU Digital COVID Certificate' - Poland
Special rules of entry and stay
Quarantine

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Entry rules

Please, check carefully what categories of travellers are allowed to enter Poland on the website of the Border Guard.

The Polish Minister of Transport has introduced a temporary relaxation of the enforcement of driving and rest times for drivers performing international road transport of passengers and goods. This exception applies from 18032020 to 16042020, included. The relaxation concerns only international transport and covers EU-registered hauliers only (not applicable to Contracting Parties of the AETR Agreement). Measures lifted are the following:

- Daily vehicle transport time cannot exceed 11 hours.

- The weekly transport time of the vehicle cannot exceed 60 hours.

- The total transport time of the vehicle over a consecutive two week period may not exceed 96 hours.

- After a five and a half hour period of driving, the driver shall be entitled to a continuous break of at least forty-five minutes.

Due to the extended transport time of the vehicle, from 9 to 11 hours, no derogations will be applied on daily and weekly rest periods.

Source: ZMPD

Travellers flying to Poland who stay in the country for no longer than 24 hours, and have a flight ticket with departure within 24 hours starting from the moment of arrival in Poland, are exempt from the quarantine obligation, but they have to provide a negative result to a pre-departure test (valid 24 hours).

Document checklist

Travellers must provide all the following documents:

1. All passengers flying to Poland must fill in a Passenger Locator Form.
2. Negative result to a test performed within 24 hours before crossing the border. Children younger than 5 are exempt. It is also possible to perform the test in some airports, before the border check. Travellers must verify the availability of this option depending on their destination.
3. Proof of full vaccination.
   Validity: 14 days after the last dose required was administered (counting from the day following the last dose).
   Accepted vaccines: vaccines approved by the European Medicines Agency (EMA); equivalent vaccines listed by the National Institute of Public Health PZH.

   Or

   Proof of recovery from COVID-19. Validity: 6 months

These documents must be provided as an 'EU Digital COVID Certificate' or as equivalent certificates, in English or in Polish.

Travellers who cannot provide these documents are subject to a **14-day quarantine**. The self isolation period can be ended by a negative result to a molecular (PCR) test, performed at own costs from the 8th day after arrival (counting from the day after entering Poland).

Learn more:
Travel information
Special rules of entry and stay
Quarantine

What are the rules if I go abroad from this country, and when I return from abroad?

The Ministry of Foreign Affairs calls for the avoidance of international travel that is not strictly necessary. Any trip, even for work reasons and urgent family matters, is not recommended.

When deciding whether to leave, you should consider that you could face possible difficulties in returning home with restrictions on air traffic, the obligation to undergo quarantine or self-isolation, mandatory testing for COVID-19 infection, as well as additional medical examinations as requested by local authorities.

Details on the epidemiological situation and conditions of entry into individual countries are available on the specific**travel advice**page for each country.

All passengers flying to Poland must fill in a Passenger Locator Form.

Travellers who are subject to the 10-day quarantine can interrupt the self-isolation period if they perform a negative return test within 48 hours after crossing the border from EU and Schengen Associated countries, or from countries that have an agreement with Poland on the movement of people during the pandemic.

Find out more:
Koronavirus - Travel abroad

May I transit this country?

Travellers flying to Poland from countries outside the Schengen/EU area whostay in the country for no longer than 24 hours and have a flight ticket with departure within 24 hours, starting from the moment of arrival in Poland, are exempt from the quarantine obligation, but they have to provide a negative result to a pre-departure test (valid 24 hours).

Travellers in transit must also fill in the Passenger Locator Form.

Learn more:
Travel information
Special rules of entry and stay

General measures

The measures currently in place are available on:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

Note: in Poland, holding an 'EU Digital COVID Certificate' (EUDCC) with proof of full vaccination, proof of recovery from COVID-19 or a negative test result (or equivalent certificates) facilitates access to several services and facilities, such as private and public meetings, places of worship, catering and touristic establishments, indoor attractions and sports activities. Details are available in the sections below.

Use of facemasks

Wearing a facemask covering mouth and nose is compulsory in closed public places (indoors), such as:

- in buses, trams and trains
- in shops, malls, banks, markets and post offices
- in cinemas and theatres
- at the doctor's, in outpatient clinics and hospitals, in massage and tattoo shops
- in churches, at schools and universities
- in government offices and public buildings
- on shared properties (such as staircases)
- at the workplace, if there is more than one person in the room and during direct customer service.

There is no obligation to wear masks outdoors and in other places such as forests, parks, green squares, botanical gardens, historic gardens, family community gardens and on beaches as well as while travelling by private car or bike.

People with mental health or developmental conditions, or with neurological, respiratory or circulatory disorders are exempt.

Important: using scarves, visors or face shields to replace facemasks is not allowed.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years);
- people who live in one household or run a household together;
- people with disabilities, personswho cannot move on their own, persons with special educational needs and their caregivers.

Indoor and outdoor meetings, public or private gatherings and events

Up to 100 people may participate in events and meetings (including weddings and other celebrations), either outdoors, indoors or in designated areas. People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC. A distance between tables must be maintained (only every other table may be occupied, with a 1.5 metres distance between tables, unless there is a screen between them with a height of at least 1 metre). The limit does not apply to people fully vaccinated against COVID-19.

Trade fairs, congresses and conferences can be organised provided that the limit of 1 person per 15 square metres is maintained. People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC.

Safety measures for public transportation

Wearing facemasks is compulsory.

Only a limited number of passengers, equal to the number of seats available, can board on public transport vehicles.

Places of worship

OPEN WITH LIMITATIONS

Wearing a facemask is compulsory. Places of religious worship can host people at maximum of 30% occupancy. People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC.

Quarantine

Quarantine is applied when a healthy individual is exposed to the infection.

For people quarantined before 24 January 2022, quarantine lasts 10 days. For people quarntined on or after 25 January 2022, it lasts 7 days.

People in quarantine can only leave their home to get tested. Police officers may visit quarantined persons and a fine of up to PLN 30.000 is imposed on those breaking the quarantine.

Learn more:
Quarantine
FAQ

Non-essential (other than medicine and food) shops

OPEN WITH LIMITATIONS

Shopping centres and retail stores are open. A strict sanitary regime is in place and customer capacity is limited (1 customer per 15 square metres). People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC.

Tourist accommodations

Hotels operate under a strict sanitary regime at no more than 30% occupancy. People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC.

Catering establishments

Catering establishments (including hotels' restaurants) operate under a strict sanitary regime at no more than 30% occupancy. A minimum distance of 1,5 metres has to be maintained between tables (unless there is a screen between them with a height of at least 1 metre, counting from the table surface). People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC.

Cinemas, museums and indoor attractions

Night clubs, discos and other dancing venues are closed.

Selling and consuming food and drinks in cinemas, theatres, concert halls and other entertainment venues is allowed.

The following establishments and acitivites operate under a strict sanitary regime, at no more than 30% occupancy. People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC:

- Cinemas can operate indoor and outdoor. Wearing facemasks and maintaining a 1.5 m distance is compulsory.
- In art galleries, museums and libraries, a limit of 1 person per 15 square metres must be respected.
- In theatres, operas and philharmonic halls, a limit of 1 person per 15 square metres and a distance of 1.5 m must be respected. Wearing facemasks is compulsory.
- During concerts and circus shows, a 1.5 metres distance between attendees must be respected, and everyone in the audience must wear a facemask. If no designated seats are available, a limit of 1 person per 15 square metres must be respected.
- Cultural and community centres may conduct activities both outdoors and indoors. A 1.5 m distance is maintained and all participants must wear a facemask.
- Swimming pools, water parks and closed sport facilities.
- Gyms, fitness clubs and solariums operate under a sanitary regime. A limit of 1 person per 15 square metres must be respected.

Personal care services

Hair-salons and beauticians are open and operate under a strict sanitary regime.

Sanatoriums, health resorts and rehabilitation centres can only welcome hodlers of a negative result to a COVID-19 test, performed no earlier than 4 days before.

Outdoors areas and beaches

Access to recreational areas, i.e. parks, beaches and forests, is allowed.

The following activities operate under a strict sanitary regime, at no more than 30% occupancy. People who hold an 'EU Digital COVID Certificate' (or equivalent documents) are not included in this limit. Access can be denied to people who do not hold an EUDCC:

- Outdoor amusement parks
- Theatres, operas and philharmonics may organise outdoor shows. If no designated seats are available, a 1.5 m distance must be maintained.
- During outdoor concerts and circus, a distance of 1.5 m between people is maintained if no designated seats are available. Wearing facemasks is compulsory.

Health protocols for tourism services and tourists

Health protocols for tourism services and tourists (in Polish)

Guidelines for industries (in Polish)

National website with coronavirus-related information for TOURISM

Poland Tourism

07.12.2021

What are the rules to enter this country from an EU Member State or Schengen Associated country?

All passengers flying to Poland must fill in a Passenger Locator Form.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, or who have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Entering this country with the EU Digital COVID certificate

Travellers can enter Poland **without** being subject to further **r estrictions (testing or quarantine)**, if their 'EU Digital COVID Certificate' (EUDCC) contains one of the following:

- Proof of **full vaccination,** valid **14 days after the second dose** of a vaccine with a two-dose schedule (counting from the day following the last vaccination date) or 14 days after the single dose of the Janssen /Johnson&Johnson vaccine.
  The vaccines approved by the European Medicines Agency (EMA) are accepted.
- Proof of **recovery** from COVID-19. Validity: **6 months** from the day of the positive result to a test.
- A **negative COVID-19 test result**, performed within**4 8 hours** before arrival.

Entering this country without the EU Digital COVID certificate or with a certificate not compliant with national requirements

In the absence of a valid 'EU Digital COVID Certificate', other official documents in **Polish** or **English,** in electronic or paper form, are accepted if they certify one of the following:

- Full vaccination (with a vaccine authorised by the European Medicines Agency);
- Recovery from COVID-19 in the last 6 months;
- A negative COVID-19 test result performed within 48 hours before arrival.

Travellers who do not hold any of these documents are subject to **a 10-day quarantine upon entry, regardless of the means of transport used** (collective, individual, or when crossing the border on foot).

The 10-day quarantine may be shortened by a negative result to a COVID-19 test (PCR or antigen) performed in a laboratory – at own costs - **within 48 hours after crossing the border**.

Find out more:
Travel information
Temporary limitations - Coronavirus: information and recommendations - (www.gov.pl)
'EU Digital COVID Certificate' - Poland
Current information on persons allowed to cross the Polish border can be found on the website of the Border Guard.

Documents you need to travel in Europe
Health cover for temporary stays

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Please, check carefully what categories are allowed to enter Poland from any third country.

All passengers flying to Poland must fill in a Passenger Locator Form.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated are exempted from testing and quarantine requirements.

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), travellers from non-EU countries can enter Poland if they can provide an 'EU Digital COVID Certificate' (EUDCC), or an equivalent document in English or in Polish, containing one of the following:

- Proof of **full vaccination**, valid from 14 days after the day following the final dose. The vaccines approved by the European Medicines Agency (EMA) are accepted.
- Proof of **recovery** from COVID-19. Validity: 6 months.

Travellers who cannot provide any of these documents are subject to a **14-day quarantine**. The self isolation period can be ended by a **negative result to a molecular (PCR) COVID-19 test**, performed on day 8 at the earliest from arrival.

The following categories are **exempt** from the quarantine obligation:

- Travellers who have started their journey in an EU or Schengen Associated country;
- Travellers flying to Poland who stay in the country for no longer than 24 hours, and have a flight ticket with departure within 24 hours starting from the moment of arrival in Poland.

Important: quarantine obligations cannot be waived for travellers from **Botswana, Eswatini, Lesotho, Mozambique, Namibia, South Africa** and **Zimbabwe**.

Note: travellers from non-EU / non-Schengen countries that have an agreement with Poland on the movement of people during the COVID-19 pandemic (listed by the Ministry of Foreign Affairs), can enter Poland at the same conditions as travellers from EU and Schengen Associated countries.

Find out more:
Travel information
Special rules of entry and stay in the territory of the Republic of Poland
Quarantine after crossing the border - Information for travellers

What are the rules if I go abroad from this country, and when I return from abroad?

The Ministry of Foreign Affairs calls for the avoidance of international travel that is not strictly necessary. Any trip, even for work reasons and urgent family matters, is not recommended.

In particular, travelling to Botswana, Eswatini, Lesotho, Mozambique, Namibia, South Africa, Zimbabwe and other countries where the Omicron variant of COVID-19 has been detected is strongly discouraged.

When deciding whether to leave, you should consider that you could face possible difficulties in returning home with restrictions on air traffic, the obligation to undergo quarantine or self-isolation, mandatory testing for COVID-19 infection, as well as additional medical examinations as requested by local authorities.

Details on the epidemiological situation and conditions of entry into individual countries are available on the specific**travel advice**page for each country.

All passengers flying to Poland must fill in a Passenger Locator Form.

Travellers who are subject to the 10-day quarantine can interrupt the self-isolation period if they perform a negative return test within 48 hours after crossing the border from EU and Schengen Associated countries, or from countries that have an agreement with Poland on the movement of people during the pandemic.

Find out more:
Koronavirus - Travel abroad

May I transit this country?

As a general rule, passengers in transit in the EU+ area are exempted from temporary travel restrictions.

EU citizens entering the EU from a third country, as well as their family members, irrespective of their nationality, are exempted from the travel restrictions regardless of whether or not they are returning to their country of nationality or residence.

Passengers travelling from a non-EU country to another non-EU country may transit through the international transit area of airports located in the Schengen area. Rules regarding airport transit visa requirements continue to apply.

Travellers by plane from countries outside the Schengen/EU area who, after arriving in Poland, stay in the Country for **no longer than 24 hours** and **have a flight ticket** are **exempt from the quarantine obligation. The departure must be within 24 hours,** starting from the moment of arrival in Poland.

Mandatory travel documentation when travelling by plane
All passengers travelling by air must fill in a Passenger Locator Form.

Find out more:
Travel information
Special rules of entry and stay in the territory of the Republic of Poland

May I fly to this country?

There is currently no air traffic ban. Please, check the specific conditions of entry from an EU or Schengen Associated country or from non-EU and non-Schengen Associated countries based on your country of departure.

Mandatory travel documentation when travelling by plane
All passengers travelling by air must fill in a Passenger Locator Form.

You can find the latest information on air travel regulations for this country on the**IATA website**.

You can also find information about**air passenger rights**on our portal for citizens.

Find out more:
Travel information
Special rules of entry and stay in the territory of the Republic of Poland

You can find the latest information on air travel regulations for this country on the **IATA website**.

You can also find information about **air passenger rights** on our portal for citizens.

General measures

The measures currently in place are available at the Coronavirus Portal:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

Note: in Poland, holding an 'EU Digital COVID Certificate' (EUDCC) with proof of full vaccination facilitates access to several services and facilities, such as private and public meetings, places of worship, catering and touristic establishments, indoor attractions and sports activities. Details are available in the sections below.

Use of facemasks

Wearing a facemask covering mouth and nose is compulsory in closed public places (indoors), such as:

- in buses, trams and trains,
- in shops, malls, banks, markets and post offices
- in cinemas and theatres,
- at physician's offices, in outpatient clinics and hospitals, in massage and tattoo shops
- in churches, at schools and universities,
- In government offices and other civic centres.

There is no obligation to wear masks outdoors and in other places such as forests, parks, green squares, botanical gardens, historic gardens, family community gardens and on beaches as well as while travelling by private car.

People with disabilities or neurological, respiratory, or circulatory diseases are exempt.

Important: using scarves or face shields to replace facemasks is not allowed.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (younger than 13 years);
- people who live in one household or run a household together;
- people with disabilities, persons incapable of moving on their own, persons with a special educational needs statement and their caregivers.

Indoor and outdoor meetings, public or private gatherings and events

- Up to 100 people may participate in events and meetings, either outdoors, indoors or in designated areas. A distance between tables must be maintained (only every other table may be occupied, with a 1.5 metres distance between tables, unless there is a screen between them with a height of at least 1 metre). The limit does not apply to people fully vaccinated against COVID-19.
- Trade fairs, congresses and conferences can be organised provided that the limit of 1 person per 15 square metres is maintained.

Safety measures for public transportation

Wearing facemasks on buses, trams and trains is compulsory.

Only a limited number of passengers, equal to the number of seats available, can board on public transport vehicles.

Places of worship

OPEN WITH LIMITATIONS

The obligation to use a mask to cover mouth and nose applies (with the exception of the religious representative). The limit of people in religious worship places is a maximum of 50% occupancy. The limit does not apply to persons fully vaccinated against COVID-19.

Quarantine

Quarantine is applied when a healthy individual is exposed to the infection.

The obligation to undergo compulsory quarantine does not apply to people vaccinated against COVID-19 and to people who have recovered from COVID-19 in last 6 months.

During quarantine you may not leave your home or go shopping.

If a person in quarantine is in close contact with other persons at home, and they are not vaccinated or have not recovered from COVID-19 in last 6 months, they must also be quarantined.

Police officers may visit quarantined persons and make sure that they are staying at their place of residence. A fine of up to PLN 30.000 is imposed on those breaking the quarantine.

If the patient has not developed symptoms of COVID-19, home isolation lasts **10 days**.

Find out more:
What should you know about self-quarantine?
FAQ

Non-essential (other than medicine and food) shops

OPEN WITH LIMITATIONS

Shopping centres and retail stores are open. A strict sanitary regime is in place and customer capacity is limited (1 customer per 15 square metres).

Tourist accommodations

OPEN WITH LIMITATIONS

Hotels operate under a strict sanitary regime at no more than 50% occupancy. In hotel restaurants, a minimum distance of 1,5 metres has to be maintained between tables (unless there is a screen between them with a height of at least 1 metre, counting from the table surface). The limit does not apply to persons fully vaccinated against COVID-19 and to groups of children under 12 years old.

Catering establishments

OPEN WITH LIMITATIONS

Catering establishments (including hotels' restaurants) operate under a strict sanitary regime at no more than 50% occupancy. A minimum distance of 1,5 metres has to be maintained between tables (unless there is a screen between them with a height of at least 1 metre, counting from the table surface). The limit does not apply to persons fully vaccinated against COVID-19 and to groups of children under 12 years old.

Cinemas, museums and indoor attractions

OPEN WITH LIMITATIONS

- Cinemas can operate indoor and outdoor activities under a strict sanitary regime, at no more than 50% occupancy. Wearing facemasks is compulsory.
- Art galleries, museums and libraries can open under a strict sanitary regime. A limit of 1 person per 15 square metres must be respected.
- Theatres, operas and philharmonic halls can carry out their indoor activities under a strict sanitary regime at no more than 50% occupancy. A limit of 1 person per 15 square metres and a distance of 1.5m must be respected. Wearing facemasks is compulsory.
- Concerts and circus show can take place if no more than 50% of seats are used, a 1.5 metres distance between attendees is respected, and everyone in the audience wears a facemask. If no designated seats are available, a limit of 1 person per 15 square metres must be respected.
- Cultural and community centres may conduct activities both outdoors and indoors, provided that the number of attendees does not 50% capacity, and that participants wear a facemask.
- Night clubs, discos and other dancing venues have resumed their activities and operate under a sanitary regime. Mmaximum 100 people are allowed. This limit does not apply to people fully vaccinated against COVID-19.
- Gyms, fitness clubs and solariums operate under a sanitary regime. A limit of 1 person per 15 square metres must be respected.
- Swimming pools, water parks and closed sport facilities can operate with a limit of 50% occupancy. Only 50% of audience seats are available. This limit does not apply to people fully vaccinated against COVID-19.
- Maximum 250 people can participate in sports activities and events. This limit does not apply to people fully vaccinated against COVID-19.

Personal care services

OPEN WITH LIMITATIONS

Hair-salons and beauticians are open.

Sanatoriums, health resorts and rehabilitation centres can only welcome hodlers of a negative result to a COVID-19 test, performed no earlier than 4 days before.

Outdoors areas and beaches

OPEN WITH LIMITATIONS

Access to recreational areas, i.e. parks, beaches and forests, is allowed. Outdoor amusement parks can resume operations at up to 75% occupancy.

Theatres, operas and philharmonics may organise outdoor shows. They operate under a strict sanitary regime at no more than 50% occupancy. No more than 250 attendees are allowed. This number does not include persons vaccinated against COVID-19.

Concerts and circus shows can be organized outdoors at the following conditions:

- No more than 50% of seats are occupied.
- Maximum 250 attendees are allowed. People vaccinated against COVID-19 are not included in this count.
- A distance of 1.5m between people is maintained.
- If no designated seats are available, a limit of 1 person per 15m2 is respected.
- All attendees wear a facemask.

Health protocols for tourism services and tourists

Health protocols for tourism services and tourists (in Polish)

Guidelines for industries (in Polish)

National website with coronavirus-related information for TOURISM

Poland Tourism

06.08.2021

What are the rules to enter this country from an EU Member State or Schengen Associated country?

Poland adopts its own national classification of risk areas, hence travel restrictions for Poland are not based on the common 'EU Traffic Light' map.

Current information on persons allowed to cross the Polish border can be found on the website of the Border Guard.

The rules in the two sections below apply to travellers from:

- **European Union Member States:** Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Greece, Spain, Netherlands, Ireland, Lithuania, Luxembourg, Latvia, Malta, Germany, Portugal, Romania, Slovakia, Slovenia, Sweden, Hungary, and Italy;
- **4 non-EU countries** that are part of the Schengen Area – Switzerland, Iceland, Norway, and Liechtenstein;
- from **Turkey,** with which aspecial agreement has been concluded.

Mandatory travel documentation when travelling by plane

All passengers travelling by air are required to complete the Traveller Location Card: the document allows epidemic services to quickly inform passengers that an infected person has travelled by plane. More info about it here. The data controller is the State District Sanitary Inspector competent for the place of residence or stay of the traveller.

Entering this country with the EU Digital COVID certificate

Provisional information subject to further revision and confirmation from National Authorities.

Holders of **EU digital COVID certificate (EUDCC)** are allowed to enter Poland **without** being subject to further **restrictions (testing or quarantine),** at the condition that their certificate contains either:

- **Proof of full vaccination,** valid **14 days after the second dose** of a vaccine with a two-dose schedule (counting from the day following the last vaccination date) or 14 days after the single dose of the Janssen /Johnson&Johnson vaccine.

  The following EMA approved vaccines are accepted: *Pfizer/BioNTech, Moderna, AstraZeneca, Janssen /Johnson&Johnson.*
- **Proof of recovery from COVID-19,** which is valid for **no later than 6 months**from the day of the positive result to a Coronavirus test.
- **A negative COVID-19 test result:** both**PCR**and**antigenic tests**are accepted.
  Validity:**48 hours**prior to**arrival.**

In addition to the EU digital COVID certificate, other official documents, which certify the full vaccination, the recovery from COVID-19 and the negative COVID-19 test result, are accepted if issued in **Polish** or **English**, in electronic form or in paper form.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, or who have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Entering this country without the EU Digital COVID certificate or with a certificate not compliant with national requirements

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), travellers who don't have a EUDCC or another official certificate stating they are fully vaccinated, they recovered from COVID-19 in the last 180 days and they have a negative result to a COVID-19 test taken within 48 hours prior to arrival are subject to **a 10-day quarantine upon entry.**

Travellers who have been quarantined may perform **atest within 48 hours after crossing the border:** anegative test result releases them from quarantine.

- Test type: **PCR** or **antigen**, performed by alaboratory included on the list of COVID laboratories.
- The tests are not publicly funded.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, or who have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Find out more:
Temporary limitations - Coronavirus: information and recommendations - (www.gov.pl)
Travel information

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), **people travelling from a third country** to Poland must **self-isolate for 10 days** after arrival. The quarantine may be ended by a negative result to a COVID-19 taken on day 8 at the earliest from the arrival. The obligation to undergo quarantine is considered fulfilled when the **negative test result is entered into the ICT system**.

- Test type: **PCR** or **antigen,** performed by alaboratory included on the list of COVID laboratories.
- The tests are not publicly funded.

This obligation to undergo **quarantine does not apply to travellers who have started their journey** in one of the countries of the **Schengen area** or the **European Union.**

Travelers from non-SchengenCountries or non-Member States of the UE, but from a Country which has agreement with Poland regarding the movement of people related to the restriction introduce for the COVID-19 epidemy, have been **ex empt from the quarantine after getting negativeresult** of the diagnostic test for SARS-CoV-2**within 48 hours after crossing the border**. The countries are listed on the webpag e of the Ministry of Foreign Affairs Republic of Poland.

The quarantine requirement does not apply to persons who have been**fully vaccinated**against COVID-19 with a vaccine that has been authorised in the European Union and to people who **contracted COVID-19** in the past 6 months.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, who contracted COVID-19 in the past 6 months or have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Mandatory travel documentation when travelling by plane

All passengers travelling by air are required to complete the Tr aveller Location Card: the document allows epidemic services to quickly inform passengers that an infected person has travelled by plane. More info about it here. The data controller is the State District Sanitary Inspector competent for the place of residence or stay of the traveller.

Note: Travellers by plane from countries outside the Schengen/EU area who, after arriving in Poland, stay in the Country for **no longer than 24 hours** and **have a flight ticket** are **exempt from the quarantine obligation. The departure must be within 24 hours,** starting from the moment of arrival in Poland.

Please, check carefully what categories are allowed to enter Poland from any third country.

Travellers who have been quarantined in Poland may perform a test on day 8 at the earliest, counting from the day after crossing the border (the day of crossing the border is not taken into account). A negative result is required to release quarantine.

Find out more:
Travel information
Special rules of entry and stay in the territory of the Republic of Poland
Quarantine after crossing the border - Information for travellers

May I transit this country?

Yes

As a general rule, passengers in transit in the EU+ area are exempted from temporary travel restrictions.

EU citizens entering the EU from a third country, as well as their family members, irrespective of their nationality, are exempted from the travel restrictions regardless of whether or not they are returning to their country of nationality or residence.

Passengers travelling from a non-EU country to another non-EU country may transit through the international transit area of airports located in the Schengen area. Rules regarding airport transit visa requirements continue to apply.

Travellers by plane from countries outside the Schengen/EU area who, after arriving in Poland, stay in the Country for **no longer than 24 hours** and **have a flight ticket** are **exempt from the quarantine obligation. The departure must be within 24 hours,** starting from the moment of arrival in Poland.

Mandatory travel documentation when travelling by plane

All passengers travelling by air are required to complete the Traveller Location Card: the document allows epidemic services to quickly inform passengers that an infected person has travelled by plane. More info about it here. The data controller is the State District Sanitary Inspector competent for the place of residence or stay of the traveller.

Find out more:
Travel information
Special rules of entry and stay in the territory of the Republic of Poland

General measures

The measures currently in place are available at the Coronavirus Portal:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

Use of facemasks

Wearing a face mask covering mouth and nose is compulsory in closed public places (indoors), such as:

- in buses, trams and trains,
- in shops, malls, banks, markets and post offices
- in cinemas and theatres,
- at physician’s offices, in outpatient clinics and hospitals, in massage and tattoo shops
- in churches, at schools and universities,
- In government offices and other civic centres.

There is no obligation to wear masks outdoors and in other places such as forests, parks, green squares, botanical gardens, historic gardens, family community gardens and on beaches as well as while travelling by private car.

The obligation is waived for people who present proof of neurological, respiratory, or circulatory diseases.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (younger than 13 years);
- people who live in one household or run a household together;
- disabled persons, persons incapable of moving on their own, persons with a special educational needs statement and their caregivers.

Indoor and outdoor meetings, public or private gatherings and events

Up to 150 people may participate in events and meetings, either outdoors, indoors or in designated areas. A distance between tables must be maintained (only every other table may be occupied, with a 1.5 metres distance between tables, unless there is a screen between them with a height of at least 1 metre). Trade fairs, congresses and conferences can be organised provided that the limit of 1 person per 15 m2 is complied with.

Safety measures for public transportation

Face coverings must be worn.

All means of public transport across Poland may make up a 100% of seats available to passengers.

Places of worship

Open with limitations

The obligation to use a mask to cover mouth and nose applies (with the exception of the clergyman). The limit of people in religious worship places is a maximum of 75% occupancy. The limit shall not apply to persons fully vaccinated against COVID-19.

Quarantine

Quarantine is applied when a healthy individual is exposed to the infection.

The obligation to undergo compulsory quarantine does not apply to people vaccinated against COVID-19 and to people who have recovered from COVID-19 in last 6 months.

During quarantine you may not leave your home or go shopping.

If a person in quarantine is in close contact with other persons at home, and they are not vaccinated or have not recovered from COVID-19 in last 6 months, they must also be quarantined.

Police officers may visit quarantined persons and make sure that they are staying at their place of residence. A fine of up to PLN 30.000 is imposed on those breaking the quarantine.

If the patient has not developed symptoms of COVID-19, home isolation lasts **10 days**.

Find out more:
What should you know about self-quarantine?
FAQ

Non-essential (other than medicine and food) shops

Open with limitations

Shopping centres and retail trade are open. A strict sanitary regime is in place and customer capacity may be limited (1 customer per 10 square metres).

Tourist accommodations

Open with limitations

Hotels operate under a strict sanitary regime at no more than 75% occupancy. In hotel restaurants, a minimum distance of 1,5 metres has to be maintained between tables (unless there is a screen between them with a height of at least 1 metre, counting from the table surface). The limit shall not apply to persons fully vaccinated against COVID-19 and to groups of children under 12 years old.

Catering establishments

Open with limitations

Restaurants operate under a strict sanitary regime at no more than 75% occupancy. A minimum distance of 1,5 metres has to be maintained between tables (unless there is a screen between them with a height of at least 1 metre, counting from the table surface). The limit shall not apply to persons fully vaccinated against COVID-19 and to groups of children under 12 years old.

Cinemas, museums and indoor attractions

Open with limitations

Art galleries, museums and libraries can open under a strict sanitary regime. Cinemas, theatres, operas, and philharmonic have resumed indoor activities. They operate under a strict sanitary regime at no more than 75% occupancy. If no designated seats are available, a distance of 1,5 metres must be maintained between viewers or listeners. Wearing masks covering both mouth and nose is mandatory. Cultural and community centres may conduct activities both outdoors and indoors, provided that the number of attendees does not exceed 15 people and a distance of 1.5 m between them is maintained, and that participants comply with the requirement to cover mouth and nose and refrain from eating and drinking. Night clubs, discos and other dancing venues have resumed their activities (maximum 150 people).

Personal care services

Open with limitations

Hair-salons and beauticians are open.

Fitness clubs, saunas, sanatoriums, spas, swimming pools, and similar establishments are closed, but services remain possible for the rehabiliation or medical treatment of patients and for members of the national team of Polish sports associations.

Outdoors areas and beaches

Open

Access to recreational areas, i.e. parks, beaches and forests, is allowed. Outdoor amusement parks can resume operations at up to 50% occupancy.

Theatres, operas and philharmonics may organise outdoor shows. They operate under a strict sanitary regime at no more than 75% occupancy. Only every second seat may be occupied by viewers or listeners, and if no designated seats are available, a distance of 1.5 m must be maintained between all such viewers or listeners. No more than 250 attendees are allowed. This number does not include persons vaccinated against COVID-19.

Health protocols for tourism services and tourists

Health protocols for tourism services and tourists (in Polish)

Guidelines for industries (in Polish)

Information on Tourism at National level

National website with coronavirus-related information for TOURISM

Poland Tourism

21.07.2021

What are the rules to enter this country from an EU Member State or Schengen Associated country?

Poland adopts its own national classification of risk areas, hence travel restrictions for Poland are not based on the common 'EU Traffic Light' map.

The rules in the two sections below apply to travellers from:

- **European Union Member States:** Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Greece, Spain, Netherlands, Ireland, Lithuania, Luxembourg, Latvia, Malta, Germany, Portugal, Romania, Slovakia, Slovenia, Sweden, Hungary, and Italy;
- **4 non-EU countries** that are part of the Schengen Area – Switzerland, Iceland, Norway, and Liechtenstein;
- from **Turkey,** with which aspecial agreement has been concluded.

Mandatory Travel Documentation
Any person crossing the state border of the Republic of Poland by plane must fill out an electronic Passenger Locator Form via the ICT system before checking in, and if this is not possible, fill out a paper Passenger Locator Form provided by the cabin crew.

The data controller is the State District Sanitary Inspector competent for the place of residence or stay of the traveller.

Entering this country with the EU Digital COVID certificate

Provisional information subject to further revision and confirmation from National Authorities.

Holders of **EU digital COVID certificate (EUDCC)** are allowed to enter Poland **without** being subject to further **restri ctions (testing or quarantine),** at the condition that their certificate contains either:

- **Proof of full vaccination,** valid **14 days after the second dose** of a vaccine with a two-dose schedule (counting from the day following the last vaccination date) or 14 days after the single dose of the Janssen /Johnson&Johnson vaccine.

  The following EMA approved vaccines are accepted: *Pfizer/BioNTech, Moderna, AstraZeneca, Janssen /Johnson&Johnson.*
- **Proof of recovery from COVID-19,** which is valid for **no later than 6 months**from the day of the positive result to a Coronavirus test.
- **A negative COVID-19 test result:** both**PCR**and**anti genic tests**are accepted.
  Validity:**48 hours**prior to**arrival.**

In addition to the EU digital COVID certificate, other official documents, which certify the full vaccination, the recovery from COVID-19 and the negative COVID-19 test result, are accepted if issued in **Polish** or **English**, in electronic form or in paper form.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, who contracted COVID-19 in the past 6 months or have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Entering this country without the EU Digital COVID certificate or with a certificate not compliant with national requirements

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), travellers who don't have a EUDCC or another official certificate stating they are fully vaccinated, they recovered from COVID-19 in the last 180 days and they have a negative result to a COVID-19 test taken within 48 hours prior to arrival are subject to **a 10-day quarantine upon entry.**

Travellers who have been quarantined may perform **atest within 48 hours after crossing the border:** anegative test result releases them from quarantine.

- Test type: **PCR** or **antigen**, performed by alaboratory included on the list of COVID laboratories.
- The tests are not publicly funded.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, who contracted COVID-19 in the past 6 months or have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Find out more:
Temporary limitations - Coronavirus: information and recommendations - (www.gov.pl)
Travel information

Documents you need to travel in Europe
Health cover for temporary stays

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Regardless of the means of transport used (collective, individual, or when crossing the border on foot), **people travelling from a third country** to Poland must **self-isolate for 10 days** after arrival. The quarantine may be ended by a **n egative result to a COVID-19 test** taken on **day 8 at the earliest** from the arrival.

Travelers from non-SchengenCountries or non-Member States of the UE, but from a Country which has agreement with Poland regarding the movement of people related to the restriction introduce for the COVID-19 epidemy, have been **ex empt from the quarantine after getting negativeresult** of the diagnostic test for SARS-CoV-2**within 48 hours after crossing the border**. The countries are listed on the webpag e of the Ministry of Foreign Affairs Republic of Poland.

Citizens and residents of**Georgia, Japan, Canada, New Zealand, Thailand, South Korea, Tunisia, Australia, Israel**a nd**United States**may enter Poland without a specific reason (also for tourism).

The quarantine requirement does not apply to persons who have been**fully vaccinated**against COVID-19 with a vaccine that has been authorised in the European Union and to people who **contracted COVID-19** in the past 6 months.

Travellers by plane from countries outside the Schengen/EU area who, after arriving in Poland, stay in the Country for **no longer than 24 hours** and **have a flight ticket** are **exempt from the quarantine obligation. The departure must be within 24 hours,** starting from the moment of arrival in Poland.

The obligation to undergo quarantine does not apply to travellers who have started their journey in one of the countries of the Schengen area or in a country belonging to the European Union.

Additionally, the following categories are allowed to enter Poland from any third country:

- legal residents of Poland;
- foreigners who are close family members of Polish legal residents;
- persons holding a Polish Card (‘Karta Polaka’);
- foreigners holding a permanent or temporary residence permit and those who have a work permit of Poland;
- persons studying in Poland;
- citizens of the United Kingdom, Belarus and their family members.

Children**under the age of 12**, travelling under the supervision of adults who have been fully vaccinated, who contracted COVID-19 in the past 6 months or have a negative result to a COVID-19 test, are exempted from testing and quarantine requirements.

Mandatory Travel Documentation
Any person crossing the state border of the Republic of Poland by plane must fill out an electronic Passenger Locator Form via the ICT system before checking in, and if this is not possible, fill out a paper Passenger Locator Form provided by the cabin crew.

The data controller is the State District Sanitary Inspector competent for the place of residence or stay of the traveller.

Find out more:
Quarantine after crossing the border - Information for travellers

May I transit this country?

YES

As a general rule, passengers in transit in the EU+ area are exempted from temporary travel restrictions.

EU citizens entering the EU from a third country, as well as their family members, irrespective of their nationality, are exempted from the travel restrictions regardless of whether or not they are returning to their country of nationality or residence.

Passengers travelling from a non-EU country to another non-EU country may transit through the international transit area of airports located in the Schengen area. Rules regarding airport transit visa requirements continue to apply.

May I fly to this country?

Mandatory Travel Documentation
Any person crossing the state border of the Republic of Poland by plane must fill out an electronic Passenger Locator Form via the ICT system before checking in, and if this is not possible, fill out a paper Passenger Locator Form provided by the cabin crew.

The data controller is the State District Sanitary Inspector competent for the place of residence or stay of the traveller.

You can find the latest information on air travel regulations for this country on the**IATA website**.

You can also find information about**air passenger rights**on our portal for citizens.

You can find the latest information on air travel regulations for this country on the **IATA website**.

You can also find information about **air passenger rights** on our portal for citizens.

General measures

The measures currently in place are available at the Coronavirus Portal:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

Use of facemasks

Wearing a face mask is compulsory in public places.

From 15 May, the obligation to wear masks outdoors is abolished if the infection rate falls below 15 per 100.000 people. The obligation to cover nose and mouth with a mask will remain unchanged indoors.

The obligation is waived for people who present proof of neurological, respiratory, or circulatory diseases.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years of age);

- people living together or forming a joint household;

- people running a farm;

- people with disabilities;

- people with a certificate of need for special education and their caregivers.

Indoor and outdoor meetings, public or private gatherings and events

Up to 150 people may participate in events and meetings, either outdoors, indoors or in designated areas. A distance between tables must be maintained (only every other table may be occupied, with a 1.5 metres distance between tables, unless there is a screen between them with a height of at least 1 metre). Trade fairs, congresses and conferences can be organised provided that the limit of 1 person per 15 m2 is complied with.

Information on Tourism at National level

National website with coronavirus-related information for TOURISM

Poland Tourism

EU Digital COVID Certificates

THIS COUNTRY IS ALREADY CONNECTED TO THE GATEWAY AND IS ISSUING AND/OR VERIFYING AT LEAST ONE EU DIGITAL COVID CERTIFICATE (VACCINATION, RECOVERY, TEST)

Information on "EU Digital COVID Certificates" issued in Poland

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The EU Digital COVID Certificate Regulation entered into force on 01 July 2021. EU citizens and residents will now be able to have their Digital COVID Certificates issued and verified across the EU. National authorities are in charge of issuing the certificate.

The certificate provides a standardised recognition of the holder's status related to vaccination, recovery from Covid-19, or test result. **Despite the European Digital COVID Certificate, each country continues to be responsible for the definition of its own entry requirements and rules, which are not standardised at the EU level.** This means that what is required to enter upon presentation of this certificate, depends on the measures and entry rules in place at your destination.

Find out more:

Information on the "EU Digital COVID Certificate"

Press Release

Questions & Answers

Factsheet

21.06.2021

What are the rules to enter this country from an EU Member State or Schengen Associated country?

Entering this country with the EU Digital COVID certificate

Information not yet available.

Entering this country without the EU Digital COVID certificate or with a certificate not compliant with national requirements

Poland adopts its own national classification of risk areas, hence travel restrictions for Poland are not based on the common "EU Traffic Lights" map.

Is a coronavirus test required?

All travellers are subject to the requirement for a **pre-departure negative COVID-19 test**.

The test must be taken within **48 hours prior to arrival**.

Accepted tests: PCR, antigen

Is a quarantine required?

Travellers arriving in Poland by plane, bus, or other means of public transport, who do not provide a pre-departure negative COVID-19 test (PCR or antigen), are required to quarantine for **10 days**, counting from the day following the day of entry.

The quarantine period may be ended by taking a PCR test after arrival. If the result of this test is negative, the period of quarantine can end.

blocked URL **Provisions for vaccinated people**

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

Find out more:
Travel information (in Polish)
Quarantine rules from 30 March (in Polish)

Documents you need to travel in Europe
Health cover for temporary stays

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Citizens and residents of **Georgia, Japan, Canada, New Zealand, Thailand, South Korea, Tunisia and Australia** ma y enter Poland without additional restrictions.

Travellers from third-countries outside the EU and Schengen Area are subject to the rules described hereafter.

Is a quarantine required?

Third-country travellers arriving in Poland by plane, bus, or other means of public transport, must complete a **10-day quarantine**, counting from the day following the day of entry.

The quarantine period may be shortened by taking a PCR test after arrival in Poland. If the result of this test is negative, the period of quarantine can end.

blocked URL **Provisions for vaccinated people**

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

People who have recovered from COVID-19 infection and present proof of hospitalisation or isolation in the past 6 months do not have to quarantine.

Is a coronavirus test required?

Travellers will be able to shorten the 10-day quarantine by taking a COVID-19 test upon arrival in Poland. If the result of this test is negative, the period of quarantine can end.

Mandatory Travel Documentation

A Passenger Locator Form and a Public Health Self Declaration are requested on flights.

May I transit this country?

Yes

As a general rule, passengers in transit in the EU+ area are exempted from temporary travel restrictions.

EU citizens entering the EU from a third country, as well as their family members, irrespective of their nationality, are exempted from the travel restrictions regardless of whether or not they are returning to their country of nationality or residence.

Passengers travelling from a non-EU country to another non-EU country may transit through the international transit area of airports located in the Schengen area. Rules regarding airport transit visa requirements continue to apply.

General measures

The measures currently in place are available at the Coronavirus Portal:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

A schedule for reopenings is available. This schedule may vary depending on the evolution of the epidemiological situation.

From 1 May:

- Uniform safety rules across the country, reopening of hair and beauty salons
- Sports in outdoor facilities limited to 50 people
- Sports in indoor facilities and swimming pools for organised groups of children and young people at maximum 50% occupancy

From 4 May:

- Reopening of art galleries and museums, with a limit of 1 person per 15 m2 and under strict sanitary regime
- Reopening of building and furniture shops and shopping malls, with a limit of 1 person per 15 m2 and under strict sanitary regime
- Religious worship: limit of 1 person per 15 m2 and recommendation to celebrate ceremonies outdoors
- full-time learning in presence for grades 1-3 of primary school, under strict sanitary regime

From 8 May:

- Reopening of hotels to guests, without exceeding 50% occupancy (restaurants and wellness areas remain closed)

From 15 May:

- Abolition of the obligation to wear masks outdoors if the infection rate falls below 15 per 100.000 people. The obligation to cover nose and mouth, indoors, with a mask will remain unchanged
- Reopening of restaurant outdoors (gardens), under strict sanitary regime (safe distance between tables and limit of persons per table)
- Reopening of cinemas and open-air theatres, at a maximum of 50% occupancy and under strict sanitary regime
- Possibility to organise events such as weddings and communions outdoors, with a limit of 25 people and under strict sanitary regime (safe distance between tables and limit of persons per table)
- Primary and secondary schools: hybrid learning for grades 4-8 of the primary schools and for grades 1-4 of the secondary schools, under strict sanitary regime
- Sports in outdoor facilities with maximum 25% of the audience

From 29 May:

- Reopening of restaurants indoors, with a maximum occupancy of 50% and under strict sanitary regime (safe distance between tables and limit of persons per table)
- Possibility to organise events such as weddings and communions indoors, with a limit of 50 people and under strict sanitary regime (safe distance between tables and limit of persons per table)
- Reopening of cinemas and theatres with a maximum occupancy of 50% of the facility and under strict sanitary regime
- Sports in indoor facilities and swimming pools accessible to everybody with a maximum occupancy up to 50% (with audience)
- Sports in gyms and fitness clubs with a limit of 1 person per 15m2 and under strict sanitary regime
- Primary and secondary schools: learning in presence for all students under strict sanitary regime

Use of facemasks

Wearing a face mask is compulsory in public places.

From 15 May, the obligation to wear masks outdoors is abolished if the infection rate falls below 15 per 100.000 people. The obligation to cover nose and mouth with a mask will remain unchanged indoors.

The obligation is waived for people who present proof of neurological, respiratory, or circulatory diseases.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years of age);

- people living together or forming a joint household;

- people running a farm;

- people with disabilities;

- people with a certificate of need for special education and their caregivers.

Indoor and outdoor meetings, public or private gatherings and events

From 6 June, up to 150 people may participate in events and meetings, either outdoors, indoors or in designated areas. A distance between tables must be maintained (only every other table may be occupied, with a 1.5 metres distance between tables, unless there is a screen between them with a height of at least 1 metre).

From 6 June, trade fairs, congresses and conferences can be organised provided that the limit of 1 person per 15 m2 is complied with.

Safety measures for public transportation

From 6 June, all means of public transport across Poland may offer up to 75% of seats available to passengers.

Information on Tourism at National level

National website with coronavirus-related information for TOURISM

Poland Tourism

Useful Info for tourists

Before starting your journey, please check visa requirements for your destination at: The Schengen visa

EU Digital COVID Certificates

This country is already connected to the Gateway and is issuing and/or verifying at least one EU Digital COVID Certificate (Vaccination, Recovery, Test)

Information on "EU Digital COVID Certificates" issued in Poland

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The "EU Digital COVID Certificate" (available from **1 July 2021**) provides proof that a person has either:

- **been vaccinated against COVID-19** (vaccine type and manufacturer, number of doses, date of vaccination);
- **received a negative test result**, PCR or rapid antigen, with the name of the test, date and time of test, test centre and result (self-tests are not valid);
- **recovered from COVID-19**.

When travelling, holders of the "EU Digital COVID Certificate" will have the same rights as citizens of the visited Member State who have been vaccinated, tested or recovered.

The certificate provides a standardised recognition of the holder's status related to vaccination, recovery from COVID or test result. Each country continues to be responsible for the definition of its own entry requirements and rules, which are not standardised at the EU level. This means that **what you will be eligible for, upon presentation of this certificate, depends on the measures and entry rules in place at your country of destination**.

How does it work:

1. **Member States** issue a certificate automatically or upon request, which is issued either digitally or on paper, and has a QR code with an electronic signature;
2. **Citizens** store the certificate in their digital app or wallet and can use it when they travel;
3. When the **verifier** asks the citizen for the certificate, the QR code is shown and the digital signature is verified.

Find out more:
Information on the "EU Digital COVID Certificate"

Press Release
Questions & Answers
Factsheet

06.05.2021

From an EU Member State or Schengen Associated Country, may I enter this country without being subject to extraordinary restrictions?

No

Poland adopts its own national classification of risk areas, hence travel restrictions for Poland are not based on the common "EU Traffic Lights" map.

Is a coronavirus test required?

All travellers are subject to the requirement for a **pre-departure negative COVID-19 test**.

The test must be taken within **48 hours prior to arrival**.

Accepted tests: PCR, antigen

Is a quarantine required?

Travellers arriving in Poland by plane, bus, or other means of public transport, who do not provide a pre-departure negative COVID-19 test (PCR or antigen), are required to quarantine for **10 days**, counting from the day following the day of entry.

In addition, all travellers returning from the Czech Republic and Slovakia - also those who cross the border by car - must quarantine for 10 days.

The quarantine period may be ended by taking a PCR test after arrival. If the result of this test is negative, the period of quarantine can end.

Provisions for vaccinated people

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

Find out more:
Travel information (in Polish)
Quarantine rules from 30 March (in Polish)

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Citizens and residents of **Georgia, Japan, Canada, New Zealand, Thailand, South Korea, Tunisia and Australia** ma y enter Poland without additional restrictions.

Travellers from third-countries outside the EU and Schengen Area are subject to the rules described hereafter.

Is a quarantine required?

Third-country travellers arriving in Poland by plane, bus, or other means of public transport, must complete a **10-day quarantine**, counting from the day following the day of entry.

The quarantine period may be shortened by taking a PCR test after arrival in Poland. If the result of this test is negative, the period of quarantine can end.

Provisions for vaccinated people

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

People who have recovered from COVID-19 infection and present proof of hospitalisation or isolation in the past 6 months do not have to quarantine.

Is a coronavirus test required?

Travellers will be able to shorten the 10-day quarantine by taking a COVID-19 test upon arrival in Poland. If the result of this test is negative, the period of quarantine can end.

Mandatory Travel Documentation

A Passenger Locator Form and a Public Health Self Declaration are requested on flights.

May I transit this country?

Yes

As a general rule, passengers in transit in the EU+ area are exempted from temporary travel restrictions.

EU citizens entering the EU from a third country, as well as their family members, irrespective of their nationality, are exempted from the travel restrictions regardless of whether or not they are returning to their country of nationality or residence.

Passengers travelling from a non-EU country to another non-EU country may transit through the international transit area of airports located in the Schengen area. Rules regarding airport transit visa requirements continue to apply.

General measures

The measures currently in place are available at the Coronavirus Portal:

Koronawirus: informacje i zalecenia (in Polish)
Temporary limitations - Coronavirus: information and recommendations (in English)

A schedule for reopenings is available. This schedule may vary depending on the evolution of the epidemiological situation.

From 1 May:

- Uniform safety rules across the country, reopening of hair and beauty salons
- Sports in outdoor facilities limited to 50 people
- Sports in indoor facilities and swimming pools for organised groups of children and young people at maximum 50% occupancy

From 4 May:

- Reopening of art galleries and museums, with a limit of 1 person per 15 m2 and under strict sanitary regime
- Reopening of building and furniture shops and shopping malls, with a limit of 1 person per 15 m2 and under strict sanitary regime
- Religious worship: limit of 1 person per 15 m2 and recommendation to celebrate ceremonies outdoors
- full-time learning in presence for grades 1-3 of primary school, under strict sanitary regime

From 8 May:

- Reopening of hotels to guests, without exceeding 50% occupancy (restaurants and wellness areas remain closed)

From 15 May:

- Abolition of the obligation to wear masks outdoors if the infection rate falls below 15 per 100.000 people. The obligation to cover nose and mouth, indoors, with a mask will remain unchanged
- Reopening of restaurant outdoors (gardens), under strict sanitary regime (safe distance between tables and limit of persons per table)
- Reopening of cinemas and open-air theatres, at a maximum of 50% occupancy and under strict sanitary regime
- Possibility to organise events such as weddings and communions outdoors, with a limit of 25 people and under strict sanitary regime (safe distance between tables and limit of persons per table)
- Primary and secondary schools: hybrid learning for grades 4-8 of the primary schools and for grades 1-4 of the secondary schools, under strict sanitary regime
- Sports in outdoor facilities with maximum 25% of the audience

From 29 May:

- Reopening of restaurants indoors, with a maximum occupancy of 50% and under strict sanitary regime (safe distance between tables and limit of persons per table)
- Possibility to organise events such as weddings and communions indoors, with a limit of 50 people and under strict sanitary regime (safe distance between tables and limit of persons per table)
- Reopening of cinemas and theatres with a maximum occupancy of 50% of the facility and under strict sanitary regime
- Sports in indoor facilities and swimming pools accessible to everybody with a maximum occupancy up to 50% (with audience)
- Sports in gyms and fitness clubs with a limit of 1 person per 15m2 and under strict sanitary regime
- Primary and secondary schools: learning in presence for all students under strict sanitary regime

Use of facemasks

Wearing a face mask is compulsory in public places. However, the obligation is waived for people who present proof of advanced neurological, respiratory, or circulatory diseases with respiratory or circulatory failure.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years of age);

- people living together or forming a joint household;

- people running a farm;

- people with disabilities;

- people with a certificate of need for special education and their caregivers.

Source: https://reopen.europa.eu/en/map/POL/7001

31.03.2021

From an EU Member State or Schengen Associated Country, may I enter this country without being subject to extraordinary restrictions?

NO

Poland adopts its own national classification of risk areas, hence travel restrictions for Poland are not based on the common "EU Traffic Lights" map.

Is a coronavirus test required?

All travellers are subject to the requirement for a **pre-departure negative COVID-19 test**.

The test must be taken within **48 hours prior to arrival**.

Accepted tests: PCR, antigen

Is a quarantine required?

Travellers arriving in Poland by plane, bus, or other means of public transport, who do not provide a pre-departure negative COVID-19 test (PCR or antigen), are required to quarantine for **10 days**, counting from the day following the day of entry.

In addition, all travellers returning from the Czech Republic and Slovakia - also those who cross the border by car - must quarantine for 10 days.

The quarantine period may be ended by taking a PCR test after arrival. If the result of this test is negative, the period of quarantine can end.

blocked URL **Provisions for vaccinated people**

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

People who have recovered from COVID-19 infection and present proof of hospitalisation or isolation in the past 6 months do not have to quarantine.

Find out more:
Travel information (in Polish)
Quarantine rules from 30 March (in Polish)

Documents you need to travel in Europe

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Citizens and residents of **Georgia, Japan, Canada, New Zealand, Thailand, South Korea, Tunisia and Australia** ma y enter Poland without additional restrictions.

Travellers from third-countries outside the EU and Schengen Area are subject to the rules described hereafter.

Is a quarantine required?

Third-country travellers arriving in Poland by plane, bus, or other means of public transport, must complete a **10-day quarantine**, counting from the day following the day of entry.

The quarantine period may be shortened by taking a PCR test after arrival in Poland. If the result of this test is negative, the period of quarantine can end.

blocked URL **Provisions for vaccinated people**

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

People who have recovered from COVID-19 infection and present proof of hospitalisation or isolation in the past 6 months do not have to quarantine.

Is a coronavirus test required?

Travellers will be able to shorten the 10-day quarantine by taking a COVID-19 test upon arrival in Poland. If the result of this test is negative, the period of quarantine can end.

Mandatory Travel Documentation

A Passenger Locator Form and a Public Health Self Declaration are requested on flights.

May I transit this country?

YES

As a general rule, passengers in transit in the EU+ area are exempted from temporary travel restrictions.

EU citizens entering the EU from a third country, as well as their family members, irrespective of their nationality, are exempted from the travel restrictions regardless of whether or not they are returning to their country of nationality or residence.

Passengers travelling from a non-EU country to another non-EU country may transit through the international transit area of airports located in the Schengen area. Rules regarding airport transit visa requirements continue to apply.

May I enter this country by road transport?

PARTIALLY

All travellers returning from the Czech Republic and Slovakia must quarantine, also those who cross the border by car, inlcuding cross-border workers. Those who are vaccinated with two doses of the COVID-19 vaccine or those who tested negative are exempt. The test is valid for 48 hours from the moment of receiving the result.
Driving abroad

May I enter this country by train?

PARTIALLY

International rail traffic within the internal borders of the European Union has been restored; however, international rail travel crossing the external borders of the EU is suspended (currently foreseen until 9 April 2021).
Rail passenger rights

General measures

Multiple safety restrictions are in place. Rules and restrictions

In some provinces, the epidemic situation is particularly difficult, therefore rmeasures are tightened in these regions.Health cover for temporary stays

Use of facemasks

Wearing a face mask is compulsory in public places. However, the obligation is waived for people who present proof of advanced neurological, respiratory, or circulatory diseases with respiratory or circulatory failure.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years of age);

- people living together or forming a joint household;

- people running a farm;

- people with disabilities;

- people with a certificate of need for special education and their caregivers.

Source: https://reopen.europa.eu/en/map/POL/7001

28.01.2021

From an EU Member State or Schengen Associated Country, may I enter this country without being subject to extraordinary restrictions?

No

Poland adopts its own national classification of risk areas, hence travel restrictions for Poland are not based on the common "EU Traffic Lights" map.

Is a coronavirus test required?

NO

Is a quarantine required?

All travellers arriving in Poland by plane, bus, or other means of public transport, are required to quarantine for **10 days**, counting from the day following the day of entry.

blocked URL **Provisions for vaccinated people**

Travellers who have been vaccinated for COVID-19 are exempted from compulsory quarantine (a certificate of vaccination is needed).

Mandatory Travel Documentation

A Passenger Locator Form and a Public Health Self Declaration are requested on flights.

Find out more:
General rules
Travel information (in Polish)

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Citizens and residents of **Georgia, Japan, Canada, New Zealand, Thailand, South Korea, Tunisia** and **Australia** may enter Poland.

A **Passenger Locator Form** and a **Public Health Self Declaration** are requested on flights.

May I transit this country?

Yes

May I enter this country by train?

Partially

International rail traffic within the internal borders of the European Union has been restored; however, the restrictions still apply to international rail travel outside the external borders of the EU.
Rail passenger rights

General measures

Until 31 January, stricter rules are in place. Rules and restrictions

Health cover for temporary stays

Use of facemasks

Wearing masks is compulsory in public places across the country. Only people who have a medical certificate or a document confirming:

- a pervasive development disorder;
- a mental disorder;
- a moderate, severe or profound intellectual disability;
- difficulties in uncovering the mouth or nose on their own;

can be exempted from this requirement.

In the following places it is **not mandatory** to cover mouth and nose:

- forests;
- parks;
- green squares;
- botanical gardens;
- historic gardens;
- family gardens;
- beaches;
- while travelling by private car.

Physical Distancing

A minimum distance of 1.5 metres is required between people. The following categories are excluded from this requirement:

- parents with children requiring care (up to 13 years of age);

- people living together or forming a joint household;

- people running a farm;

- people with disabilities;

- people with a certificate of need for special education and their caregivers.

23.12.2020

From an EU Member State or Schengen Associated Country, may I enter this country without being subject to extraordinary restrictions?

Yes

Entry Restrictions

Citizens of EU Member States + Schengen Associated countries, as well as their spouses and children, are allowed to enter Poland without restrictions.

EU's internal borders are open, while the country's borders that are also the EU's external borders remain closed.

Mandatory Travel Documentation

A **Passenger Locator Form** and a **Public Health Self Declaration** are requested on flights.

What are the rules to enter this country from outside an EU Member State or Schengen Associated country?

Citizens and residents of **Georgia, Japan, Canada, New Zealand, Thailand, South Korea, Tunisia** and **Australia** may enter Poland.

EU's internal borders are open, while the country's borders that are also the EU's external borders remain closed. As of 09.12.2020, the following international flights shall be banned from landing: Bosnia and Herzegovina, Montenegro, Georgia, Jordan, Armenia, Kosovo, Serbia, North Macedonia, United States of America (except for the airports in Illinois and New York). The ban on flights does not apply to countries that notified Poland of the implementation of solutions ensuring that only passengers with a negative SARS-CoV-2 test result will be allowed to be taken on board.

A **Passenger Locator Form** and a **Public Health Self Declaration** are requested on flights.

May I transit this country?

Yes

May I enter this country by train?

Partially

International rail traffic within the internal borders of the European Union has been restored; however, the restrictions still apply to international rail travel outside the external borders of the EU.
Rail passenger rights

If I meet the entry requirements, may I enter this country without being subject to a quarantine or COVID-19 test?

Partially

The obligation to undergo quarantine is imposed on persons crossing the borders of the Republic of Poland that are also the external borders of the EU, when travelling to their place of residence or stay. Travellers crossing the internal EU borders of the Republic of Poland do not have to undergo a mandatory quarantine.

Further information is available at: Coronavirus: temporary limitations

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11.09.2020

Travelling to Poland

Travelling from EU countries is allowed without restrictions.

Travelling from Norway, Switzerland, Iceland and Liechtenstein, as well as Andorra, Monaco, Vatican City State and the Republic of San Marino, is allowed without restrictions.

Third-country nationals

Country's borders that are also the EU's external borders, remain closed. They may be crossed only by:
Polish citizens;
foreigners who are spouses or children of citizens of the Republic of Poland or remain under the constant care of citizens of the Republic of Poland;
holders of a Polish identity Card;
diplomats;
people who have the right of permanent or temporary residence in the Republic of Poland or a work permit;
in particularly justified cases, the commander of the Border Guard post, after obtaining the consent of the Commander-in-Chief of the Border Guard, may allow a foreigner to enter the territory of the Republic of Poland in accordance with the procedure specified in the Act of 12 December 2013 on foreigners (Journal of Laws of 2020, item 35);
foreigners who run a means of transport designed for the transport of goods;
citizens of European Union Member States, European Free Trade Agreement (EFTA) Member States – parties to the Agreement on the European Economic Area or Switzerland and their spouses and children, when traveling through the territory of the Republic of Poland to their place of residence or stay;
foreigners with a permanent residence permit or a long-term resident's European Union residence permit, in the territory of other European Union Member States, a Member State of the European Free Trade Agreement (EFTA) – parties to the agreement on the European Economic Area or Switzerland and their spouses and children, when travelling through the territory of the Republic of Poland, to their place of residence or stay.
Further information is available at: Coronavirus: information and recommendations

Travelling from Poland or returning to Poland

When deciding to leave, you must face possible difficulties in returning to the country, restrictions on air traffic, the obligation to quarantine or self-isolation, and to carry out additional medical examinations on behalf of the local authorities.

Country specific travel advice

Rules and Exceptions
EU's internal borders are open, while country's borders that are also the EU's external borders, remain closed.

International flights from airports located on the territory of a member state of the European Free Trade Agreement (EFTA) - parties to the agreement on the European Economic Area, Switzerland or a member state of the European Union have been resumed, except for Spain, Malta, Luxembourg and Romania.

International rail traffic has been restored within the internal borders of the European Union. However, traveling by international trains to destinations outside the EU's external borders is still suspended.

Mandatory Travel Documentation
NO

Links to relevant national sources

https://www.gov.pl/web/coronavirus/travel
Driving abroad

Source: https://reopen.europa.eu/en/map/POL

Entry restriction to non-Polish citizens & suspension of international air & rail travel (13.03.2020)

From Sunday, 15 March, Poland will close its borders to foreigners. All Polish citizens who are presently abroad can return to their homeland. A number of exemptions exist for foreign residents. They will also undergo a compulsory 14-day home quarantine. International passenger air flights and international rail travel will be suspended.

Start date: 15.03.2020

End date: 10 days from starting date

Further information: https://www.gov.pl/web/coronavirus/travel

Temporary and limited relaxation of the enforcement of driving and rest times for the drivers

Poland has notified a temporary and limited relaxation of the enforcement of driving and rest times for the drivers involved in international freight and passenger transport. This relaxation is granted pursuant to Article 14(2) of Regulation (EC) No 561/2006.

Start date: 18.03.2020

End date: 16.04.2020

Further information: https://ec.europa.eu/transport/sites/transport/files/temporary-relaxatio..